

The

EBD

1963

Jacob R. Daws
Detroit







Dedication

Kenneth Price

Class of 1963

Passed Away September 16, 1962

Superintendent's



Message

As you approach the conclusion of your present training, your immediate aim probably is to pass the qualifying examinations to become a registered psychiatric nurse, or a registered technician. After this you likely plan to work in your field for a varying length of time—for a few years, or until retirement, and in doing to enjoy a reasonable standard of living. An important aim may be to achieve happiness and satisfaction.

It is possible that you may also be ambitious. One of the definitions of ambition in a current dictionary is "an eager desire for distinction, preferment, power, or fame".

I think that one of the best sources of continuing satisfaction will be your knowledge that day by day you have given your best service to your patients. On this foundation, the achievement of a reasonable ambition should add to your feeling of accomplishment.

I wish to express to all Graduating Students, my sincere congratulations, and best wishes.

M. E. Bristow, M. D.,

Superintendent of Nurses



"I do hereby pledge my whole-hearted service to those entrusted to my care, endeavouring at all times to understand the patient's individual emotional and physical needs and differences. "

Thus begins the Psychiatric Nurse's pledge.

The need "Satisfaction" is the basis of all behaviour. To understand patient's behaviour, nurses must first understand their own behaviour and the way in which needs are satisfied in a socially accepted way. This you learn in your psychology and psychiatry classes.

Patients with different cultural and religious backgrounds have different needs, which we, as nurses, must understand and learn to accept and respect.

We must remember, too, that our behaviour has a great influence on the patients' behaviour or response to us.

Psychiatric Nursing deals with interpersonal relations. The nurse must, early in her contact with the patient, establish good interpersonal relations, if her nursing care is to have the desired results. In fact, if the nurse fails to establish these interpersonal relations with the patient, the nursing care may be actually harmful to the patient, even so far as to delay the patient's recovery.

The Psychiatric Nurse observes the behaviour and reactions of the patient, which show symptoms of his/her emotional illness. The nurse's speech and behaviour are part of the patient's treatment. The inter-action of nurses with patients, either singularly or in a group, helps modify the patients' behaviour, and in some cases, helps them face reality and make their life more meaningful and pleasant.

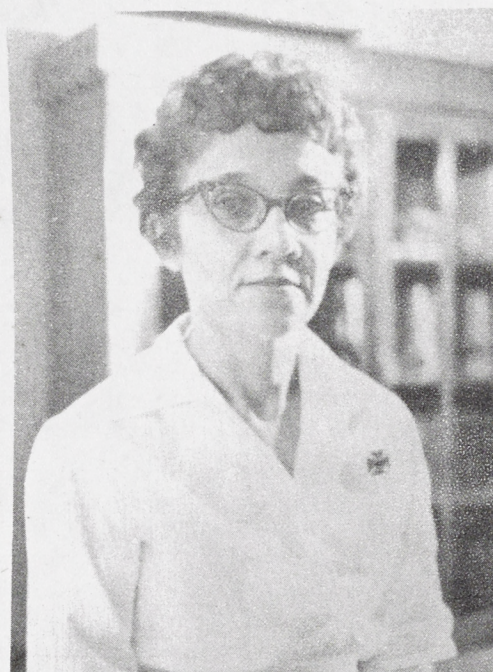
To illustrate the inter-relation of Nurse function, The World Health Organization Expert Committee of Psychiatric Nursing said:

"The first aspect (technical) is that of establishing procedures which will help to give the patients a feeling of security. These procedures include the whole array of techniques involved in serving of meals, administering medications... bathing, feeding, caring for clothes and so on. It is often in the day-to-day repetitions of such tasks that relationships develop between the nurse and the patient which lead to the exercise of deeper insight. Skill in carrying out these tasks, however essential, should not hide the fact that there is an interpersonal aspect in technical procedures. The way in which an injection is given (what is said or not said) may indeed be more important than what is injected. "

Psychiatric Nursing involves advanced specialty know-how about interpersonal relations superimposed upon major skills essential in all fundamental nursing. The Psychiatric Nurse is a specialist who adapts for psychiatric patients much of the knowledge of the general practice nurse, plus specialized and concentrated therapeutic techniques.

With these thoughts in mind, I express to the Graduating Class of 1963, my hearty congratulations upon their success and best wishes in their chosen career.

(Miss) G. L. Fitzpatrick, Reg. N.,



Educational

Director

To each of you, members of the class of 1963, I offer my warmest personal congratulations.

You have completed the initial phase of your chosen career. With graduation, a new door opens to you, bringing with it new responsibilities and much satisfaction.

Success in future endeavors, however, will depend on your efforts. Remember always, your professional education has not provided you with a key to easy living, because modern living is so complex you have more adjustments to make and more problems to solve. You will meet frustrations and disappointments; may you never become discouraged. Even though you may fool yourself by saying "no more examinations" you must continue to provide yourself with some form of educational growth. Having additional education will give you personal satisfaction and increased professional knowledge.

As a graduate, may your continued effort bring you happiness, contentment, usefulness and a reasonable degree of success and above all, may life seem worthwhile.

A. S. Stanley, R. N.

CHIEF MALE

NURSE



It is with great pleasure, on behalf of the Male Nursing Staff, that I extend congratulations and all best wishes to each of you.

It is our sincere hope that the future will bring happiness and satisfaction in the service of sympathetic understanding for those who need your help.

You will never be forgotten, for you have absorbed from those who came before, and will contribute to those ahead.

As a graduate, you will be offered a much greater challenge in the profession of nursing, with the increased program for the welfare of the sick; also the responsibility will be on you to uphold the dignity and high standards expected of the Psychiatric Nurse today.

The professional Psychiatric Nurse must not only be adequately prepared to practise, but to maintain professional status by continued study, observation and investigation.

Your learning has come to a comma; learning never comes to a period. For today what the Psychiatric Nurse needs is the Research approach, a problem-solving attitude, a welcoming attitude to change, and a desire to do things better, not let well enough alone.

Professionals are self-disciplined groups, who hold themselves out to the public as possessing special skills, and who exercise those skills primarily in the interests of others. The Psychiatric Nurses are experts in their own rights, and have a definite place in the health team.

A. J. Russell, R. P. N.

Teaching Department



Miss M. Turner, R.N., R.P.N.
Graduate from Winnipeg General Hospital.
Diploma in Teaching and Supervision—
University of Toronto.



Mrs. T. Gibson, R.N., R.P.N.
B. M. H. Graduate of Combined General and
Psychiatric Nursing Course.
Diploma in Teaching and Supervision in
Nursing—University of Manitoba.



Mrs. E. de la Ronde, R.N., R.P.N.
Graduate from London Hospital, England.
Post-Graduate in Psychiatric Nursing - B. M. H.
Diploma in Teaching and Supervision in
Psychiatric Nursing—McGill University.



Mr. L. Henderson, B.Sc.
Graduate of Brandon College.

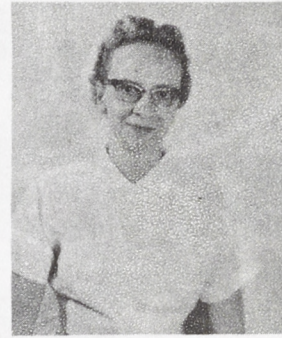
Nursing Office Staff



Miss E. McKenzie



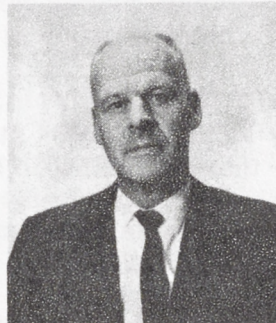
Mrs. J. Weir



Mrs. E. Drader



Mrs. I. Robertson



Mr. W. Barrington



Mr. T. Hersack



Mr. S. Gibson



Mr. C. Bateman



Mr. B. Willey

Editorial



Three years ago, we, as probationers stood at the threshold of a new and strange experience — that of training to be a Registered Psychiatric Nurse. If you then mentioned or gave any thought to the day when our training days would be over — it was a dream, but now this dream has become reality, we are graduating!

It gives us a sense of satisfaction and pride to know that our aim has been accomplished; and yet as the years unfold, we take our places in a wider sphere of life.

Soon we will leave B. M. H. to go out into the world as Psychiatric Nurses. We will take with us the knowledge achieved through training and the many fond memories collected in the past three years. I trust that this yearbook may serve that purpose.

To those connected with our training, I express my sincere gratitude especially for their inhibited patience. A special "Thank-you" to Mrs. Stanley, our Educational Director who charts our course and also lends a willing ear to listen to our complaints and problems.

I would like to express my sincere thanks to the Yearbook Staff and the co-operation given by the fellow-students. A special Thank-you to our Yearbook Advisor - (Mrs.) T. Gibson and our Advertising Manager, Dennis Driedger. Without your help our yearbook would not have been possible!

Mary Toews, Editor.



Yearbook Staff

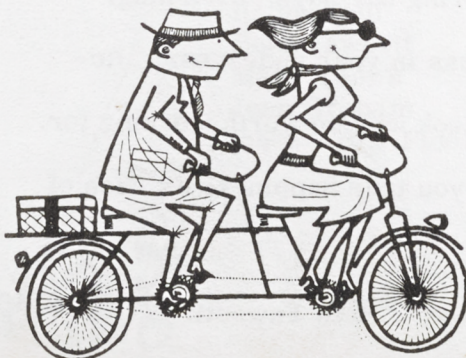


Back Row Left to Right
 - Dianne Bein Typist
 - Violet Trojan Typist
 - Darlene Corscadden Co-editor

Front Row Left to Right
 (Mrs.) Terry Gibson Yearbook Advisor
 - Mary Toews Editor
 - Helen Reid

Dennis Driedger -
 Advertising Manager

Dorothy Dooley -
 Assistant Advertising
 Manager.



President's Message



On behalf of the Student Nurses' Association I wish to say how pleased we are to present another Yearbook.

A Yearbook is a record of the happy events of our three years training, a good yearbook is a token of pleasant experiences, we think this is a good yearbook.

Graduating is one of these experiences, one which has been achieved by work, tolerance and genuine interest in the profession.

With the advancing theories, improved principles that are constantly showing themselves, the place of the Psychiatric nurse in society is fast gaining recognition. We know that those of us shown here who are graduating will continue to be recognized as members of a new profession in the community.

To the faculty and hospital administration, may we express our appreciation for your devoted time to us during our days of training.

To the undergraduates, every success in your endeavour. Remember your appearance in our next yearbook will be worth working for.

Finally to our graduates. We wish you true happiness as each of you continue to work toward your goal.

Beth Fawcett.



Student Council



Back Row Left to Right

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|-----------------------|----------------------------|
| Burnett Hardy | - '64 Class representative |
| Don Asham | - '65 Class representative |
| (Miss) G. Fitzpatrick | - Faculty Advisor |
| Walter Tetzloff | - Vice President |
| Sheila Wood | - '65 Class representative |
| Bernard Cherewyk | - Treasurer |

Front Row Left to Right

- | | |
|----------------------|----------------------------|
| Helen Reid | - '64 Class representative |
| Beth Fawcett | - President |
| Mary Toews | - Secretary |
| Jean Graham | - '63 Class representative |
| Inset - Bill Fiddler | - '63 Class representative |



VALEDICTORY ADDRESS

Dr. Bristow, Honoured Guests, Ladies and Gentlemen, Fellow Graduates:

It is indeed an honour to me to be chosen Valedictorian on this occasion. I would like to thank my fellow-graduates for giving me this opportunity of expressing their thoughts for them.

Now that our training is nearing an end, the time at which we will be officially accredited as Graduates in our profession has arrived. During the past few months we have had to study not only lectures and textbooks, but above all human beings. Our patients have taught us that illness comes to all irrespective of age, social position, or economic attainment. Knowledge of our professions will be useless if we do not have as a catalyst, human understanding in our everyday work. I sincerely hope, my fellow graduates, that we have all, to some degree, attained this during our training and that we can go on from day to day feeling that our lives are founded upon human interest and kindness.

Our official training will soon be complete. As the old saying goes, "The more you know, the more you know there is to know." We must keep in mind how rapidly the science of Medicine is advancing, and with that change how important it is for both nurses and technicians to keep on studying and learning after graduation. Even within the short period of our training, the changes in medical concept, treatment and technique that have occurred have been fantastic. These we must acquire and practice as they occur so that we will not become outdated.

Another consideration that many of us cannot overlook at this time is the present trend towards Specialism. It is obvious that the stronghold of our professions are those dedicated to general duty. However, with the recent advances in treatment and technique it is also obvious that persons with specialized training are necessary to carry out these procedures. I hope that at least a fraction of this graduating class will proceed along one of the many avenues of endeavour, choosing according to his or her ability and interests.

I would like to thank our instructors who have contributed much time to our betterment. You have instilled in us not only knowledge essential to do our work but confidence to carry it out. We have appreciated it, although at times have not shown it, and we hope that you realize that our progress will reflect credit upon yourselves. Also, I would like to thank our parents. We are proud that you have realized the need in the world today for good citizens, and we thank you for helping to make us better ones.

In addition, I think each of us owes a "thank you" to our co-workers, our fellow students. How many times have each one of us turned to our classmates for advice during our training? There is no one like a student to understand another student's problems. This, I think, has been proven many times during the past months.

I sincerely hope, my fellow graduates, that each of you has and will continue to find happiness in your chosen profession.

Remember:

"To accomplish great things, you need not be a genius, you need not be above other men, you must be 'with' them."

MARILYN POPPLE

THE BARAGAR MEDAL



Dr. Bristow, Ladies and Gentlemen:

I am very sensitive of the great honor bestowed upon me tonight of presenting the BLANCHE EUGENIE BARAGAR MEDAL.

Having been present at the last two graduation exercises I have learned of the special place Blanche Eugenie Baragar had in the life of this award in singling out a nurse of exceptional qualities to be its recipient.

In the last few days I have been privileged to peruse previous presentations given at this time including several by people who knew Dr. and Mrs. Baragar personally. What emerges is a picture of a person of great charm and simple dedication, but also of

training and professionalism at its best. It is said that she was a woman trained and controlled, for the comforting and cheering of others, for the easing of burdens, for the smoothing of the way.

She, among others, recognized the urgent need for professional training and organized to do something about it. The result was that the first Psychiatric Nurses graduated in 1923 - a first in Manitoba and also in Western Canada. In 1927 as a result of affiliation with the training school in St. Boniface Hospital, Winnipeg, two of our nurses graduated - pioneers in a combined degree in mental and general nursing. They were probably firsts in Canada.

Mrs. Baragar died prematurely. In 1931, Dr. Baragar in a letter to Dr. Pincock says in part "Mrs. Baragar was always so deeply interested in Mental Nursing and the progress and success of the Training School for Mental Nurses at Brandon - in fact if it had not been for her interest and encouragement we might have been slower in getting it established than we were - that I should like to do something, if I may, to perpetuate the memory of that interest."

"I thought I should like to present a medal to the nurse attaining the highest aggregate standing, in the three year diploma course in mental nursing."

He added "I have but one suggestion to make regarding marking and that is that perhaps special marks might be given to the nurse for general proficiency on mental nursing, that is - (the) ability to effectively and kindly manage mental cases and win their confidence."

It is this latter stipulation that has become the key to this coveted award. All of us will recognize as was once said in such a Blanche Eugenie Baragar Memorial address that "In every profession in life we will find some who are more suited to their particular type of work than others, but all of us are infinitely wise, more useful and can guarantee better service and greater protection to the patient if we have knowledge of the fundamental principles of human reactions and scientific nursing. It is persons with the vision of Mrs. Baragar who recognize the place of intelligent, sympathetic understanding in nursing, a quality not only important in Psychiatric Nursing but vital to the people of the whole world.

It is exciting to find in a class of nurses, persons with special qualities that make them so outstanding in their personal and professional life that they can be thought of in terms of such a memorable award as I am privileged to present. One nurse in our present graduating class has these qualities and seems to have stood out in a subtle but obvious way. He is John Douglas Gordon.

It is said of him that he is conscientious, accepts responsibility, is mature and emotionally stable. These are qualities shared perhaps by all his classmates to a greater or lesser degree, but it is also noted about him that he has a sensitive and pleasant sincerity that may be the secret of a special ability to reach a patient and bring out the best of him. The same could be said of him with his own colleagues and even further with the senior staff too.

I congratulate Douglas Gordon and have great pleasure in asking him to come forward and receive the Blanche Eugenie Baragar Memorial Medal.

R. H. Parker, M. D.

The Psychiatric Nurses' Pledge

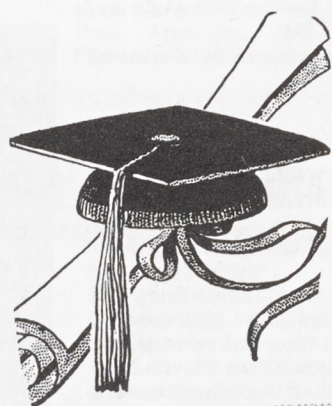
I Do Hereby Pledge my wholehearted service to those entrusted to my care...endeavoring at all times to understand the patient's individual emotional and physical needs and differences ... To that end, I will strive for skill in the fulfillment of my duty, holding sacred and inviolate all confidences entrusted to me.

I Promise to respect the personal rights and privileges of my patient, and to do all in my power to prevent or alleviate physical or psychological discomfort.

I Will always be kind, tolerant and just ... I will endeavour to cultivate a keen sense of observation and an understanding attitude.

I Acknowledge the dignity of my profession and accept the obligation it implies...I will faithfully perform my duties, and will give the utmost in cooperation to those persons with whom I associate in ministering to the mentally ill.

All Of Which I Pledge on My Sacred Honor.



GRADUATES



MAURICE AGNEW
Hartney, Man.

"He didn't get a ticket for speeding, just for flying low".
Nickname - Moe. Interests - shooting, curling, baseball and fisticuffs. Also enjoys singing. Have you heard him on the local T. V. talent shows? Moe is an extrovert and has no difficulty making friends. Always the 'life of the party' with his quips and harmless jokes. His ambition is to beat the Shilo boxing team - two at a time. His idol is Cassius Clay.



WILLIAM BASS
Brandon, Man.

"Girls are always running through his mind - they don't dare walk".
Known as Bill. Interests include bowling, baseball, curling, broomball and girls (especially Laurene). Bill's cheerful personality has made him popular with his classmates and co-workers. As pitcher in ballgames vs. the married men, he took such a beating that he is seriously thinking of joining their ranks soon. Ambition, to be relief pitcher for the married men's ball team. His idol is Warren Spahn. Bill also spends a great deal of time at the Recreation Bowl - a family enterprise.



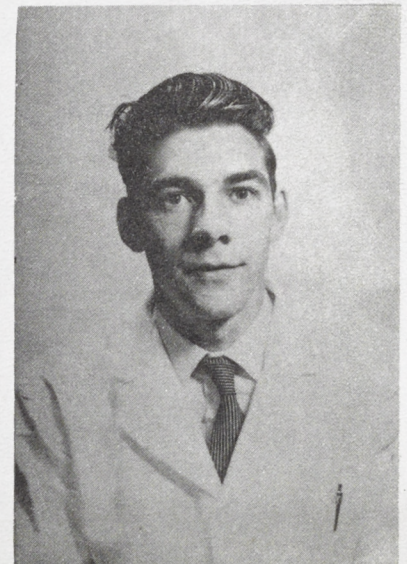
JEAN BEILBY
Flin Flon, Man.

"Those who bring sunshine into the lives of others, cannot keep it from themselves."
Known as "Wee Jeannie". Her favorite saying is "My Daddy said so". Favourite song - "Son, don't go near the Eskimos". Jean is often seen in a little red Volkswagon. Her interests include curling and skating. Her ambition is to raise twins.



GORDON BOLLMAN
Moline, Man.

"There's nothing wrong with a one-track mind, if it's the right track".
Known as Gord. Interests include all sports, especially baseball... he hits a mean foulball. Gord is a good natured, happy-go-lucky guy and is well liked by everyone. Always has a smile on his face and a twinkle in his eye. Has an aversion to arguments and Portage affiliation. Pet peeve - Briggs. Gord's ambition is to be a salesman for Ladies' lingerie.





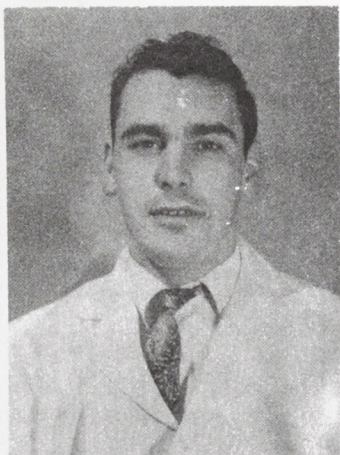
RONALD BRIDE
Brandon, Man.

"Just wait you guys, when I get my R.N. I'll be bigger than all of you." Known as Butch. Interests include baseball curling, bowling, snooker and girls. Butch is a happy-go-lucky guy and everyone's friend, but very mischievous. He is an instigator of practical jokes but when caught he always manages to display innocence with great efficiency. He also enjoys doing out of class assignments - especially after the deadline. Ambition, to be a grade VI. Idol, Florence Nightingown.



KENNETH BRIGGS
Brandon, Man.

"You don't have to be crazy to work here, but it sure helps". Known as Ken. Interests include fishing and water skiing. Ken has a non-chalant manner and appears not to have a worry in the world. Ken, do you remember the time you went down a manhole - in you car?? Ambition is to be an O.R. assistant. Idol: Miss Paetzold.



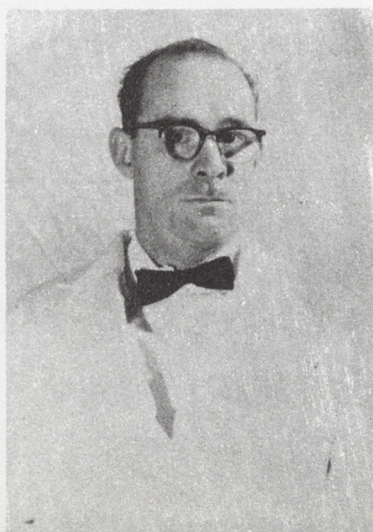
SUZANNE BUNN
Luton, England.

"Let us then, be what we are and speak what we think and in all things keep ourselves loyal to truth and the sacred profession friendship." Sue came to Canada in 1960. She is known for her exuberance, love of fun and ballet dancing. She enjoys horseback riding, table tennis and parties. Have you noticed - her halo shines a different color with each new moon. She has been nick-named "Bunny" though she likes little fish better. Favourite expression is "Toes, how do I get out of this mess?" Ambition is to marry a millionaire.



HUGH CHAMBERS
Kemnay, Man.

"Things are going pretty badly, when a voice said 'Cheerup! Things could be worse'. So I cheered up and sure enough things got worse. Known as Chambers. He is one of the more stable citizens of our class. He lives at Kemnay and commutes via Volkswagen "School Bus". Hugh is a family man and finds this type of vehicle a necessity. His favourite T.V. program is "Room for one More". His ambition is to be a psycho nurse for the army or a consultant to Dr. Cziller. Idol - Sargent Bilko.





DARLENE CORSCADDEN
Windthorst, Sask.

"What we are is God's gift to us. What we become is our gift to God."
Spends a lot of time watching for cars from her own province. She is a happy girl with a contagious laugh and winning smile.
"Corky" enjoys aggravating others, sleeping, wading, cameras and collecting flowers. Her determination will get her through life's deepest snow drifts. She has an aversion to having her picture taken.



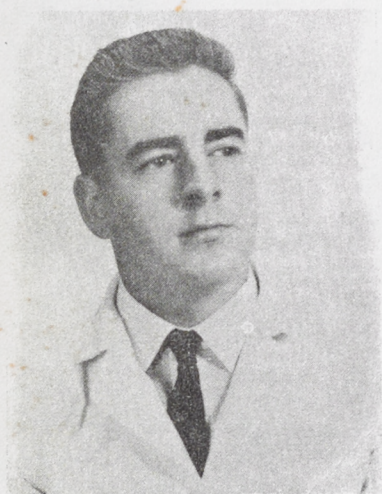
DOROTHY DOOLEY
Lauder, Man.

"No matter where the body is the mind is free to go elsewhere."
Main interests is '56 Pontiacs and the driver. Likes bowling and being friendly to everyone. On wards "Dot" enjoys pouring meds and giving them out. Ambition is to get married and be a housewife after graduation.



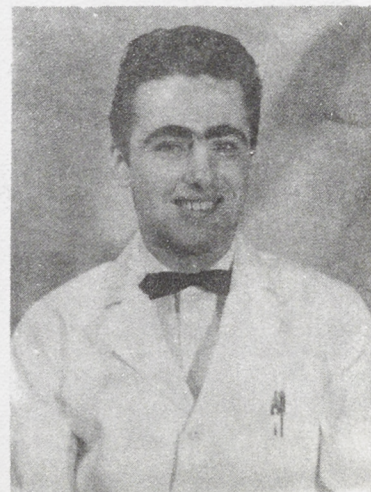
GARY EDWARDS
Brandon, Man.

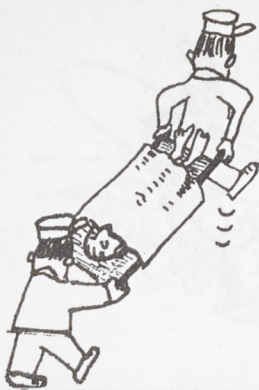
"She rolled her pretty eyes at me, I picked them up and rolled them back."
Known as "Itch". Interests include golf, curling, bowling, swimming. We also hear he is quite romantic. As a matter of fact he has given up a few activities since he found out romance is almost a full time job. Well known for his beachcomber wardrobe—saves on shoe leather by wearing thongs all summer. He hopes to specialize in a field—at present the greenest fields are around the nurses residence. Ideal is Dr. Kildaire???



WILLIAM FIDLER
Hartney, Man.

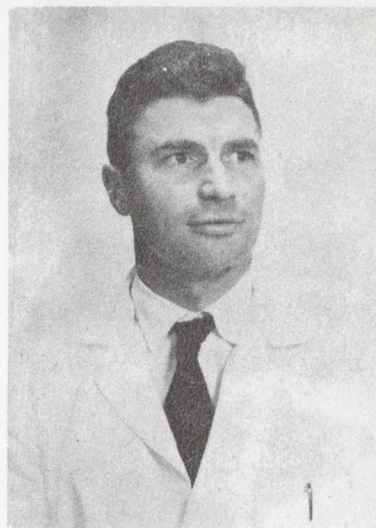
"When I feel like working, I lie down until the feeling passes." "Fid" or "Bill" likes all sports, especially tobogganning, baseball, bowling and any group entertainment (parties girls). Has had the occasional mishap to-bogganning; Bill always has a smile on his face and gets along with everyone. Efficient on wards when he is conscious. Has been known to encourage girls to walk home after a date.... Sandi has reformed him. Favorite pastime - wearing a cast or using crutches or is this an attention seeking mechanism? Ambition. To find a job with mornings, afternoons, evenings, and nights free and still be able to pay his debts. Idol, Johnny Yuma.





DOUGLAS GORDON
Oak Lake, Man.

"Keep silent and the world will think you're a philosopher." Known as "Doug". Interests include curling, dancing, watching hockey on T.V. Is one of the more reserved fellows of the class and is conscientious. His ambition is to be a stretcher bearer in St. John's Corps. Doug is also a family man.



SANDRA HANSON
Erickson, Man.

"How poor are they that have no patience, what wound did ever heal but by degrees?" Is better known as 'Sandy'. Favorite saying is 'Come off it, eh?' Main interests are horses, dogs, and birds. Sandy likes babysitting, and sleeping. Her main ambition is to complete training and work as a Grad. at B.M.H.



RICHARD HARRIS
Neepawa, Man.

"Like a dependable light—he goes out every night." Known as 'Ritchie' or 'Dick'. Interests include baseball, curling, bowling and most sports. Often seen driving around in his convertible with several girls. Very studious and still has hopes in beating "Toes" in an exam. Someday he hopes to own a penthouse on 10th Street. Ideal: Einstien.



DONALD LEBOUTILLIER
Neepawa, Man.

"And I used to think that irrigation was a procedure related to Agriculture." Don's interests include football, baseball, and building model airplanes. He's good-natured and seeing as how he is a family man is kept busy walking the floor at night. Someday Don hopes to find a baseball uniform that doesn't look like a pair of pyjamas.





PETER McELROY
Holmfield, Man.

"Why take life seriously, you'll never get out of it alive."
Known as the "K-y" good guy". Interests include horseback riding, shooting, baseball, curling and Volkswagons. Peter is married and a pleasant, easygoing guy. His ambition is to curl all the games in a Portage Bonspiel. His idol is Robert Young in the "Father Knows Best" T. V. series.



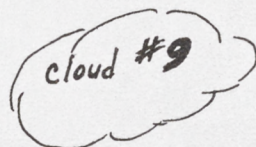
(Mrs.) JANETTE McPHAIL
Kamsack, Sask.

"Who walks a road with love will never walk that road alone."
Is better known as little Jay. Jay is the smallest member in our class and the only married lass. Usually seen working like a Trojan. Her main ambition is to finish training and start a family.



JOHN NAZAR
Brandon, Man.

"Why worry when you can be on cloud #9?"
Known as Schnoz. Interests include bowling, curling, hockey, broomball, baseball and is also an avid Wheatie fan. Is known for last minute cramming for exams. Some call him "Baldie" because the crew has bailed out of his crewcut. Someday he hopes to be a salesman for Carlings or LaBatts. His idol is Yul Brenner.



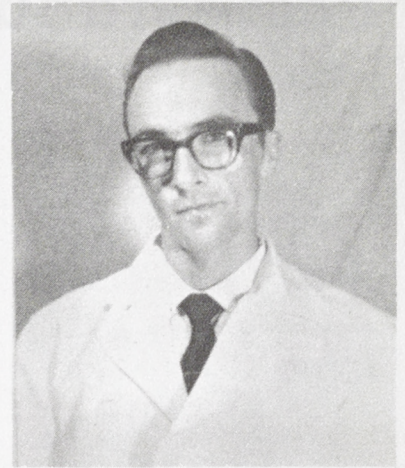
BRUCE NEHRING
Swan River, Man.

"Don't tell me what I mean, I can figure it out for myself."
Bruce enjoys all sports including bowling and baseball. Also enjoys sleeping in. Is pleasant and witty—extremely mischievous and teases the girls. His curly hair would make any girl envious. Why the special interest in the B. G. H., Bruce? Very active in church activities. Someday he hopes to own a reliable alarm clock, and have his trailer as tidy as Miss Paetzold's O. R. He has been spending most of his time on the "Ponderosa" and his idol is Hoss Cartwright.



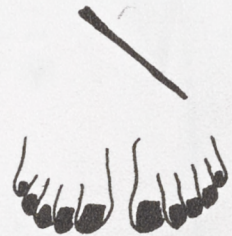
RICHARD SCHAPPERT
Langenburg, Sask.

"Laugh and the world laughs with you ---cry and I'll laugh anyway." Is known as "Dick". Interests include boating, bowling, music (all types) and oil painting. Good natured, easy going, always around to lend a helping hand when a gal is in distress. We hear he recently got engaged, so is now trying hard to get out of debt so he can get married. His ambition is to drive a demonstration car for Brandon Autos. Any "Good-man" is his idol.



MARY TOEWS
Altona, Man.

"Henceforth be mine, a life of action and reality. I will work in my own sphere, nor wish it other than it is. This alone is health and happiness." She is full of fun and always on the run. How she keeps on the go we'll never know. Is interested in social and class activities. Likes skating, bowling and is willing to try anything else going. Favorite saying "it makes no difference in my life". Known by her classmates as "Mary Toothpick Toes". Ambition is to do further studying.



LEONA WEIBE
Winkler, Man.

"Whatever is worth doing is worth doing well." Known as "the blond headed extrovert of our class" or "Weibles". Favorite saying is "Oh but never". Leona's interests are sports and singing. Usually seen going to church. Often heard singing. Her ambition is to be a perfect nurse.



Post-Graduate Course in Psychitary



(MRS.) GERTRUDE BILLINGTON

"To do justly, to love mercy, to walk humbly". Billy has had many experiences in the U. S. A. since her graduation from the Brandon General Hospital. She has come to us from California where she will return in the future. She enjoys Youth Group activities, and doing mechanical work on her car. After completion of this course she plans on taking a long vacation.

MILDRED HIE

"She's gentle, she's shy; but there is mischief in her eye." Millie is a graduate from Regina General, and comes from Wolsey, Sask. Her main interests are her horses and you can usually find her out riding after classes. Photography and music are other favorites. In the future she plans to buy a car and work in Alberta. (Why?)



BRENDA RIVERS

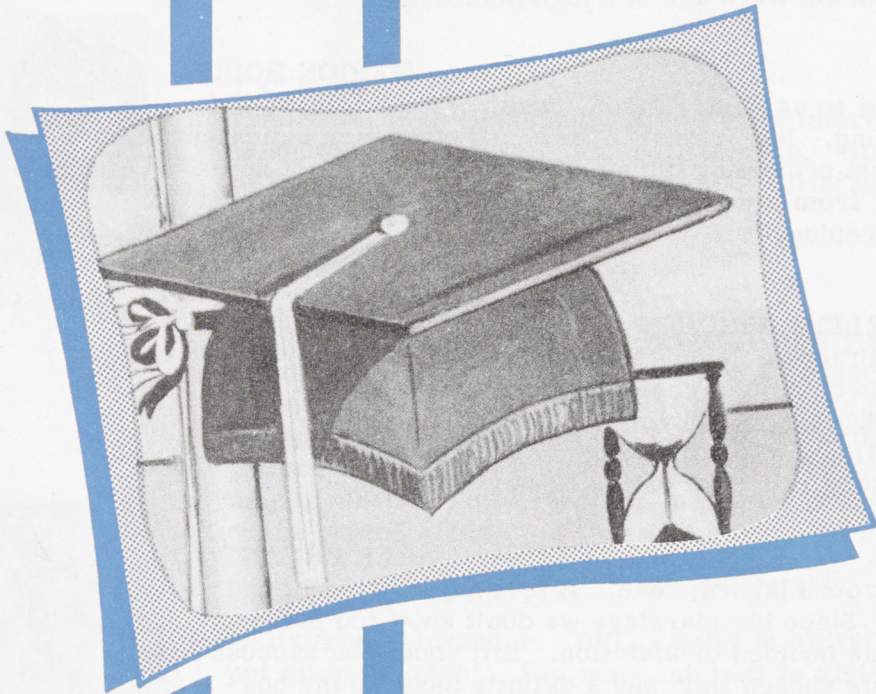
"Oh why did I waken and when do I sleep again?" Brenda hails from Moncton, New Brunswick and is a graduate from Moncton General Hospital. She enjoys skating, dancing and reading, but majors in sleeping, writing letters and male nurses. Her future is planned to include a P. G. in Obstetrics next fall in Edmonton, then a midwifery practice in Scotland.



LUCILLE SCHUSTER

"For Thy laughter is joy enough." (have you heard it?) Lu comes to us from Saskatoon after graduating from St. Paul's School of Nursing. Curling, skating and Badminton are her main interests, especially in the company of a certain "Officer of the Law". Her ambition is to finish her P. G. course.





SENIORS



FRANK BERGEN

Hails from Altona, Man. Frank is good natured, very well mannered and well liked. Interests are singing in choir, and his family. His theory and practical interests shown in his work are of a high standard.

MARION BOIRE

Came to us from Benson, Sask. Enjoys golfing and dancing. Her friendly charm and efficiency indicates a most promising future. "The Gods shall not subtract from my allotted span of life—the hours spent in sleeping."

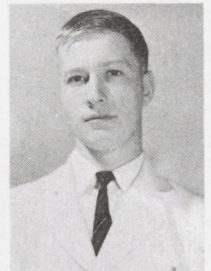


(MRS.) MARLENE BRICHON

Hails from Brandon, Man. Marlene in the past year has proved to be quite a reserved home gal. She enjoys roller skating and driving. "A winning way, a pleasant smile, a wholesome dignity all the while." Congratulations, Marlene on the Reesor's award.

BILL BRYANT

Hails from Elkhorn, Man. Bill is a good student and nurse. Since his marriage we don't know too much about his hobbies or ambition. Bill should be successful in his chosen field and a definite asset to the hospital.



BRIAN BUNCH

Hails from Toronto, Ontario. Main interests are sports, dance bands and the opposite sex. Brian is better known as Dr. Bunch. His favorite saying is "it's a gas". Favorite pastime is driving around town in his sports car.

BARBARA CAMPBELL

From Camp Shilo came this lass and joined the B. M. H. '64 Class. Barb is a happy-go-lucky person, studious and shows great interest in her work. Favorite pastime consists of skating, swimming and horseback riding.

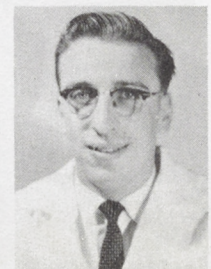


JANE CAVEN

Hails from Fir Mountain, Sask. Jane is short and cute and full of fun. Not a person she will shun. Come with a problem or fun, Jane is always the helpful one.

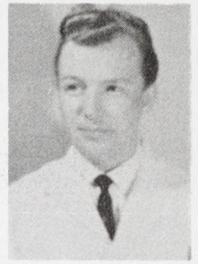
LARRY COULING

Hails from Lauder, Man. Larry's favorite expression is "well dear and all this and that there". His pastimes are curling, bowling and baseball. He is interested in his work and is a good nurse but would much rather sleep.



BEN CHEREWYK

Hometown is in Sask. Ben is shy, quiet and pleasant. He is a former school teacher. Main interests are cars and records.



LYLE DOWNEY

Hometown is in Gladstone, Man. Main interests lie in shooting, jazz music and calisthenics. His aim is to be a technician for Red Cross. On wards he is quiet reserved and does his job well.

ELIZABETH FAWCE.

From Moosomin, Sask. Beth is a very conscientious student as both theoretical and ward reports prove. She also adds humor into most situations with a final comment "Oh, that's rich". Interests are drama, music, shows, roller skating, parties and members of the opposite sex.



BILL DUNN

Hails from Alexander. Bill is quiet in class but look out after midnight. His main interest is girls. Looks forward to coffee breaks, lunch hour and 3:30 p. m. His out-standing asset is sleeping on duty.

IAN FERGUSON

Hometown is Brandon, Man. He is better known as Fergie or Figs. Likes baseball, hockey and "horse-play" and cars. Ian's cheerfulness and humor are "personality tools" which he uses on and off duty.



ERNIE GALATUIK

From Inglis, Man. Favorite pastimes are curling, baseball, bowling, hockey, and girls. His main aim in life is to find the cure for a "stomache paunch". Ernie's favorite expression is "Yo! Ho! Ho! and a bottle of 7-up.

LORAIN GOSNER

From Humboldt, Sask. Main interests are bowling, curling, and playing tennis. Loraine is a happy-go-lucky girl. Unruffled by stress or hurry. Inclined to work but not to worry.



KAY GREELEY

From Birtle, Man. Enjoys golfing and dancing. Kay is on the tail of a "millionaire" and believes one should never sweep her room as man is made of dust — and one may be found in some dark corner. She is willing and good natured in all that she endeavours.



BURNETT HARDY

Hails from Virden, Man. Is better known as Burny. Favorite pastimes are sports and girls. Often heard saying "Wonderful ain't it". His aim in life is to get across railway crossings without difficulty.

TAIMI HALME

From Nipigon, Ontario. Taimi is friendly, amiable, and independent. Interests are sports, writing letters and playing her new transistor radio. Her main ambition is to go back east.



JOCELYNE KENLER

Hails from Parkman, Sask. Main interests are golfing, bowling and boys. Jackie is quiet, pleasant and gets along with everyone. Her ambition is to be a good psychiatric nurse and we know she will.

JEAN LaROSE

Hails from Kennedy, Sask. Jean is usually found sleeping. She is a very quiet girl – but 'still waters run deep'. Often seen boarding the west bound train home. A very studious gal interested in her nursing career.



CARMEN MARCQ

Hails from Deleau, Man. and we see her heading in that direction at least once a week. "She flies through her tasks with the greatest of ease; a tall handsome farmer she's certain to please." Besides being very capable at handling the needle and syringe on the wards; she's a whiz with the needle and thread. We are going to miss her.



(MRS.) GLADYS MARTIN

Moved in from the farm to Brandon. She is very pleasant and cheerful, and is blessed with endless patience. Main interests are her family and her work. Is looking forward to graduation.



HELEN MATTHEWS

Another Brandonite. Helen is a quiet, reserved gal who finds it easy to make friends. Main interests include dancing and swimming. She seems to have no difficulty with her studies, and should do well.



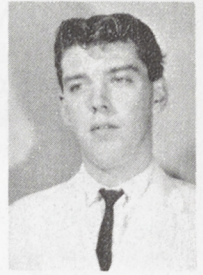
EILEEN McLACHLAN

From Brandon. Charlie is a pert little redhead lass, who always seems to giggle in class. Main interests are her car and payday. She is working hard to achieve her ambition – Graduation.



KENNETH McPHAIL

Hails from Brandon, Man. He is tall, dark and happy-go-lucky young man. Main interests are water skiing, curling and bowling. Last year was a prosperous year for Ken—he was the winner of the Lion's Club award and got married.



BARRY MISTAL

Another Brandonite. Barry is very kind, generous, overtalkative and loves to argue. Main interests include tinkering with mechanics, his work, family and talking. If talking was electricity, Barry would be a powerhouse.

JUDY POOLE

Hometown is Kelwood, Man. Judy is quiet, easy going and friendly. Main interests are all sports, sewing and Gary. Ambition is to finish this course then see the world—no matter who with and how long it takes.

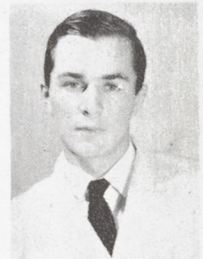


(MRS.) HELEN REID

Hails from Shoal Lake, Man. Helen takes an active part in functions of the Student Council. She is very quiet and easy going. Her main interests are Wally, horseback riding, dancing and listening to records. Ambition is to complete this course and see New Zealand.

WILLIAM ROSS

Hometown is Brandon. Interests include softball, bowling, curling and broomball. Bill's favorite expression is "How's your bird?" He is better known as "Rosie". Ambition is to be a Grade Six.



EVELYN SAWISKY

Hails from Erickson, Man. Ev is always ready with a smile and a friendly hello. During the winter she skates and curls. In the summer she is seen heading for Clear Lake. Ev enjoys psychiatric nursing and is looking forward to graduation.

LYNN SHANKS

Hails from Rivers, Man. "Ala-men on the left and the corners all, here comes Lynn around the hall." Favorite pastime includes sewing, reading, square dancing and visiting on a farm near Oak River. Lynn's quiet, pleasant manner has won her many friends.



AUDRY STEPHEN

Hails from Kennedy, Sask. Audry is calm, reserved and quiet. On days off can generally be seen boarding the west bound bus for home. Main interests include curling, golfing, skating and nursing.



WALTER TETZLOFF

Hails from Inglis, Man. Main interests are baseball, curling, roller skating and dancing. He is very conscientious worker and is well liked by patients and staff.

JEAN GRAHAM

Hails from Eden, Manitoba. "Present mirth hath present laughter; what's to come is still uncertain". Jean is always full of vim and vinegar, and there is never a dull moment when she's around. She is affectionately known as "Scabby". Her interests include horseback riding and skating. She has been diagnosed as a Kleptomaniac, and her ambition is to become more proficient at this.



"ON NURSING"

So often when in training
A voice calls out your name
"Oh! nurse I'm feeling awful
"Oh! nurse I'm in such pain.

"Please stay here and hold my hand,
I'm afraid to be left along."
And then across the hall you hear
another patient's groan.

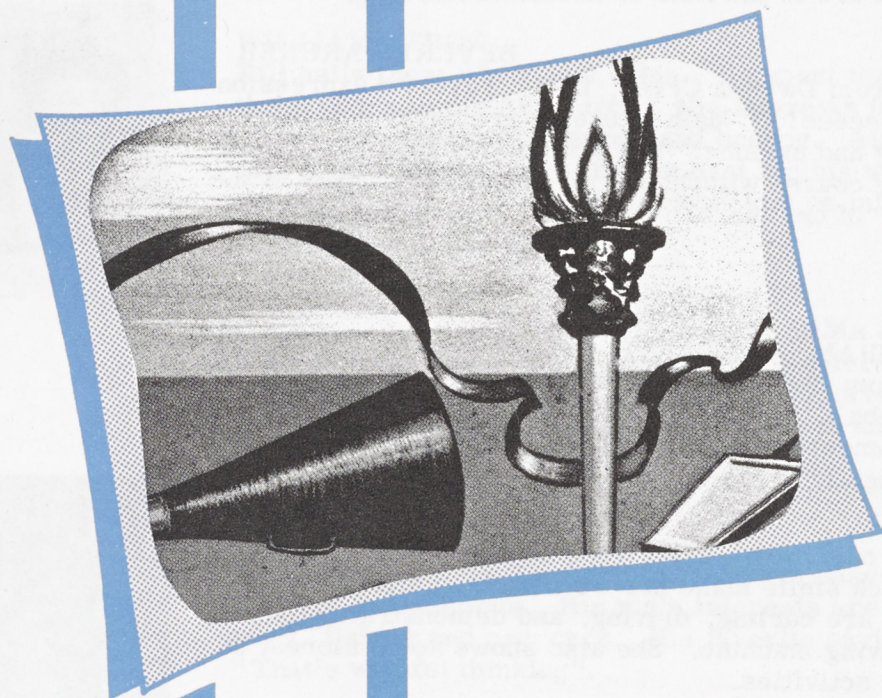
"Oh! nurse I'm trying very hard
I think I'm going to die."
Then all at once you listen
To hear a new-born baby's cry.

While sitting in the chart room
You hear a D. T. holler
"Oh! nurse they're chasing me
They have me by the collar,"
Then the phone rings 1-2-3!
A doctor's on the line.
I'm sending in a patient
On emergency at nine."

I could go on relating
And also start confessing
Now could you tell me why on earth
We took up this profession?

* * *

Some people are like blotters-----they soak it all in, but they get it all backwards.



JUNIORS



MARGARET ADAIR

Hails from Maryfield, Sask. Enjoys knitting, twisting, 4-H work and all sports. Favorite saying is "Well Yes!" Future plans are in the field of Geriatric Nursing.

BEVERLY ARCHER

Hails from Dawson Creek, B. C. Favorite expression is "Wheeeee!!" Main interests are boys, sports, dancing and nursing. Her ambition is to complete her nursing course without too much difficulty. Bev is the "Baby" of our class. (That means the youngest.)



DONALD ASHAM

Don hails from Reedy Creek, Man. His main interests include baseball, hockey, football, '56 Pontiac hardtop and its passengers. He is pleasant, cheerful, industrious, witty and slightly overactive.

DIANNE BIEN

Dianne came to us from Wadena, Sask. Her blue eyes and quick smile make her well liked by all. Main interests are curling, driving, and demonstrating her new sewing machine. She also shows keen interest in student activities.

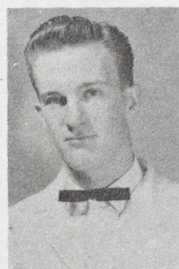


RUTH BOYLES

Hails from Moosomin, Sask. Her favorite saying is "Goodness Sakes". Ruth is interested in swimming, saving money, listening to the radio from dawn to dusk, David, and eating. Her favorite subject is Psychology.

SHIRLEY DALRYMPLE

Hails from Boissevain, Man. Shirley is very reserved, witty at times, and conscientious about her studies and appearance. Main interests are bowling, dancing, golfing, and hockey. Always alert in class, though there is a hint of stardust in her eyes.



DENNIS DREIDGER

Hometown is Altona, Man. Dennis is quiet and pleasant with a friendly manner. His main interests include Church activities, sports and Y. M. C. A. activities. He also takes an active part in Student Council and the N. C. F.

JEAN HEINEMAN

Hails from Kipling, Sask. Main interests are curling, skating, music and George. Favorite expression is "Yes George". Jean is happy-go-lucky but "evil" to live with (says her room-mate). Her ambition is to complete this course and we know she will.



MYRNA HICKS

Hails from Boissevain, Man. Likes sports cars, music and dancing. Also she throws a mean bowling ball. Favorite saying "I hate football". Her ambition is to travel around the world (if she doesn't get married first).



WILLIAM HERON

Bill hails from Wheatland, Man. He spent the last three years in the Air Force. His interests include all sports especially baseball and hockey. Also enjoys cards and dancing. Known best for his well-groomed mustache which he almost lost on initiation day.



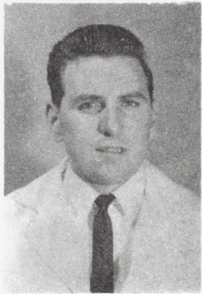
IRMA JANSSENS

Hails from Boissevain, Man. Irma's interests are in music, dancing, sewing, reading and sports. Her favorite expression is "Wouldn't you like to know".



MURRAY KENNEDY

Hails from Portage La Prairie. Mert is easy-going, friendly and studious. His main interests are swimming, fishing and new cars. His favorite saying is "That's wishful thinking".



MARILYN LAROCQUE

Came to us from Estevan, Sask. Nick-name is Rockie. Her favorite pastime is writing letters. She is also known for her long-distance phone calls. Favorite saying is "Give me a puffer - duffer". Her ambition is to pass her exams.



MARIE MORHART

Hails from Spring Valley, Sask. Marie is always the center of noise and fun. In spite of all the laughter coming from her room, she manages to get good marks on her tests and exams. Her main interests are dancing, walking, skating and curling. Ambition is to be a good Psychiatric nurse.



SANDRA HEWITT

"Sandi" hails from Brandon. Usually heard saying "It's really, really fabulous!" Wonders why three hours sleep aren't sufficient and why she can't stick to her "Banana Diet". Can be found bowling, curling, skating, spending her money, cooking??? and washing her hair at 3:00 a.m.



ELEANORE PAULSON

Hometown is Swan River, Man. Her favorite saying is "I haven't decided yet". Eleanore's interests are crocheting, reading and listening to popular music. She rises at 5:00 a.m. and her marks show she must study.



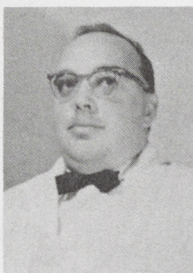
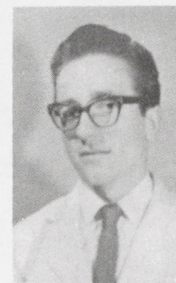


MERVYN PEDLOW

Merv hails from Elkhorn, Man. Better known as "Paedro". His interests include sports, especially curling, bowling and women. Favorite saying is "You better believe that". Always pleasant and friendly. Ambition - ?

IAN PRYZNYK

Hails from Beenfait, Sask. His main interest is girls ---blonds or brunettes. Ian enjoys curling, bowling and anything else going. His ambition is to find a garage with a 36-24-36 mechanic to work on his car.



JAMES REA

Jimmy is well known for his "Big Heart". He is conscientious, willing and generous which makes him well liked by everyone - including patients and staff. Main interests include painting, swimming, boating and bowling (not to mention his better-half at Deloraine). Ambition - to stay out of North Unit.

ALLEN ROBINSON

Allen was born in Woodstock, Ont., but received his schooling in Brandon. He is easy-going but quiet. His main interests are Donna and his car (in that order). Allen has an aversion to legible penmanship.

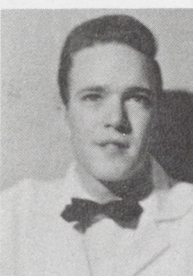


KATHLEEN ROPER

Hails from Souris, Manitoba. Interests include sports, music, reading and sewing. Favorite saying "Don't you dare call him that!" Kathy is pleasant and cheerful most of the time. Ambition is to finish the course.

DONALD SARGENT

Don is a Brandonite (as most good people are). He is very studious. He really enjoyed Psychology lectures - spent most of the time psycho-analyzing the psychologist. His main interests are his family, music and church activities as well as his work.



SEARLE SHELDON

Hails from Suxxes, Nova Scotia. Better known as "Cyril". He is quiet, pleasant and very meticulous. Interests include jazz and sports car racing. His great ambition is to own a "Chev Corvette".

ERVA SHIER

Hails from Weldon, Sask. Erva's favorite pastime is enjoying life. Her many interests include music, dancing, parties, men and nursing. If not participating in any of the above mentioned, you will find her sleeping. Favorite saying is "Oh, you never know."



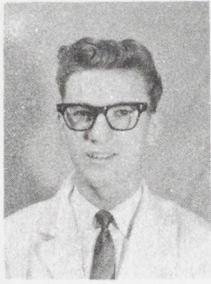
SARAH SITEMAN

Hails from Musquodoboit Harbour, Nova Scotia. Best known as Sally. Interests include fishing, music, most sports and nursing. Main ambition is to get a good nights sleep and still get through the course. Sal's the class brain, but on the ward she's a "scatter-brain". (She said it).



JOHN SKRYP

Another Brandonite. Nick-name is "Giglo". His main interests are cars, B. M. H. and girls (not necessarily in that order.) Enjoyed Psychology lectures because he always wondered why his mind operates the way it does.



VIOLET TROJAN

Fails from Biggar, Sask. Violet is reserved, but lots of fun. A very conscientious student. Her main interests include skiing, dating, horse-back riding and Dr. Ben Casey.



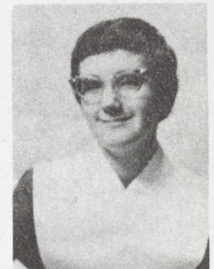
CAROL VANJOFF

Carol's hometown is St. Rose, Man. Interests include football players, dress shopping, and music. Her main ambition is to complete this course, without too many traumatic experiences.



LORRAINE VANTOMME

Hails from Estevan, Sask. Lorraine is well liked by everyone. She is known for her "Shaggy, short hair cut". Main interests include swimming, skating, basketball and bowling.



MILDRED WAGNER

Hails from Inglis, Man. Mildred is interested in reading, music, travelling and most sports. Her favorite expression is "You can't imagine".



SHEILA WOOD

Sheila hails from Kamsack, Sask. She is a good natured, happy-go-lucky girl full of vim and vigor. Enjoys all sports and music, but dislikes dancing.



VALERIE ORR

Valerie hails from Binscarth, Manitoba. Her favourite expression is "is it morning already?" She enjoys dancing and skating. Her bad habit is going to bed with the radio playing. Her ambition is to be an efficient housewife.



THE NURSE

The world grows better year by year
Because some nurse in her little spere
Puts on her apron, grins and sings
Keeps on doing the same old things.

Taking the temps. and giving pills.
To remedy mankinds numerous ills.
Feeding the baby and answering the bells.
Being polite with a heart that rebels.

Longing for home and all the while
Wearing the old professional smile
Blessing the new born baby's first breath.
Closing the eyes that are still in death.

Taking the blame for the doctor's mistakes
Oh dear what a lot of patience it takes
Going off duty at seven o'clock
Tired and discouraged just ready to drop.

Called back on special at 7:15
With woe in her heart which must not be seen
Morning, evening, noon and night
Just doing it over hoping its right.

When we lay down our caps and cross the bar.
Oh! Lord will you just give us one little star?
To wear in our crown with our uniforms new
In that great world above where the head nurse is you.



"She had a flat!"



MEDICAL TECHNOLOGY

LABORATORY
AND
X-RADIOGRAPHY

A Pledge for Medical Technologists

I solemnly promise before God:

To carry out the duties assigned to me
faithfully and to the best of my ability.

To remember that a patient's life may depend
upon the accuracy and reliability of my work.

To respect human life, and to be sympathetic
towards all patients.

To hold inviolate the confidence placed in me
by both patient and doctor.

To work harmoniously with my fellow technologists,
and others who care for the sick.

To uphold the ethics and dignity of my profession.

To maintain an open mind for new ideas, and new
truth.

So help me God.

PATHOLOGIST

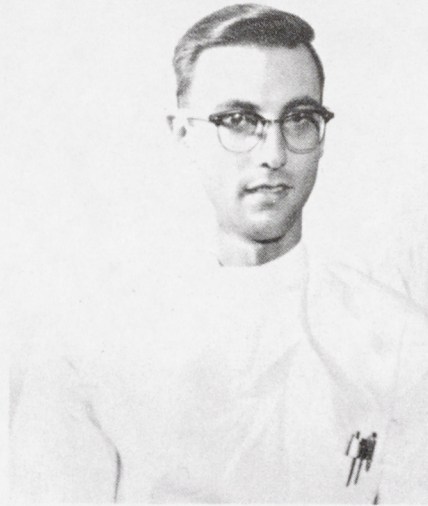
DR. A. P. LAPKO



Dr. A. P. Lapko

Dr. Lapko arrived in Brandon in 1954. He is the director of this school of training. In October 1960, Dr. Lapko received his American certificate in Pathology in Chicago.

CHIEF TECHNICIAN



Les Andrechuk

Mr. Andrechuk graduated from the Brandon Provincial Laboratory in 1958. He acts both as our Chief Technician, and also as head of Bacteriology department. In 1962, Mr. Andrechuk obtained his A. R. T. and specialist standing.



"What shall I do with the leftover bacteria?"



L. M. Andrechuck A. R. T.

B. M. H. graduate, 1958.

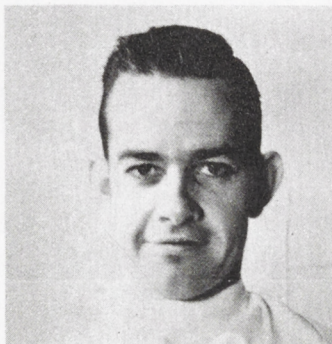
Department: Bacteriology.



K. Choy R. T.

B. M. H. graduate 1962.

Department: Milk and Water



D. C. Brown R. T.

B. M. H. graduate 1962

Department: Serology.



Mrs. V. Scatch

Secretary and typing teachers.



Miss J. Cross R. T.

B. M. H. graduate 1959.

Department: Classroom Instructor.

Mrs. V. Prokaska R. T.

B. M. H. graduate 1957.

Department: Biochemistry.



Mrs. S. Erskine R. T.

B. M. H. graduate 1957.

Department: Hematology.

Mrs. D. Cornell R. T.

Lethbridge Municipal Hospital

graduate 1959.

Department: Histology.



Laboratory Graduates 1961-1962



Carol Witter: Forrest, Man.

Interest: A certain attendant.

Character: Like a mixture of carbol fuchsin and brilliant green-pretty and unflinching.

Work: Working towards a degree in housekeeping?



Karen McKenzie: Gilbert Plains, Man.

Interests: Unexposed.

Character: Has a magnetic character which draws her a legion of friends.

Work: Works quickly and well.

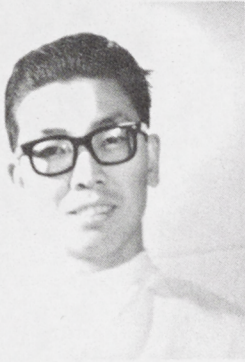
Maxine White: Reston, Man.

Interests: Murr-age.

Character: Like ether near a flame - breaks into explosive laughter with one word.

Work: Always eager to help.





Kenny Choy: Newdale, Man.

Interests: Cooking

Character: Like nitric acid – ambitiously
swallowing up all knowledge placed before him.

Work: Conscientious worker!

Diane Proke: Sifton, Man.

Interests: The law.

Character: The result of adding water to acid –
bubbly; is well liked by all.

Work: An enthusiastic worker and water squirter.

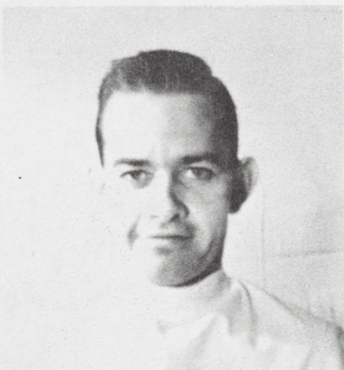


Duncan Brown: Brandon, Man.

Interests: Protecting our country.

Character: Is capable of many reactions and
actions.

Work: It fascinates him, he could sit and look
at it for hours.



Laboratory and X-Ray Graduates

1961-1963



Barbara Oke: Boissevain, Man.

Interests: Singing and dancing.

Character: Like the atomic structure of Radium – too complex to unravel.

Work: An efficient, thorough worker.

Marilyn Popple: Minto, Man.

Character: Like Brownian movement – always moving but undetetable.

Work: A cheerful worker.

Interests: Trying out new dance steps.



Diane Shelton: Boissevain, Man.

Interests: Claims it's her work, but we know better.

Character: Like a culture – unrevealing until the finer details are exploited.

Work: And did those brains in ancient times have to work as hard as mine.

Carolyn Robins: Brandon, Man.

Interests: Concealed except for the gleam in her eye.

Character: Resembles glycerol – slow but steady.

Work: A very conscientious worker.





Joan Thompson: Brandon, Man.

Interests: Medicine.

Character: Like a volatile acid – at her best when treated with caution.

Work: Always willing to lend a helping hand.

Lynne Van Buskirk: Crandall, Man.

Interests: Lives for her weekends at Portage.

Character: Like a virus – her high spirits are infectious.

Work: Always combines work with Pleasure.



Roberta Smith: Brandon, Man.

Interests: Boys, binder scars, and big cars.

Character: Sometimes we think she thrives on N_2O (laughing gas)

Work: Was thinking of specializing in Milk and Water.



Melissa Whittington: Brandon, Man.

Interests: Getting out into the wide world.

Character: Like mercury – no one knows what she is going to do next.

Work: Concentrates on getting one thing done at a time.



Laboratory Students

1962-1963



L. to R. P. Macialek, C. Curle, A. Loewen, Rear: J. Dodd

Pat Macialek: Brandon, Man.

Interests: Water skiing.

The brain absorbs only as much as the seat can endure.

Jim Dodd: Brandon, Man.

Interests: Music.

Think! There may be some way to dodge this.

Carollyn Curle: Glen Ewen, Sask.

Interests: Softball.

If at first you don't succeed – forget it.

Arlene Loewen: Rivers Camp, Man.

Interests: Paul. . . . Coin and stamp collecting.

Sometimes I sit and think, but mostly I just sit.

Awards

1962 - 1963



Combined Course – Laboratory and Radiography

First Year:

Silver Medal (Tie) Carolyn Dodd
William Strukoff

Second Year:

GOLD MEDAL Barbara Oke
SILVER MEDAL Marilyn Popple



Straight Laboratory Course

First Year:

BRONZE MEDAL Patricia Macialek

Second Year:

SILVER MEDAL (Tie) Carol Witter
Kenneth Choy
MALYSKA-BONAR AWARD Duncan Brown

Here is a poem which all X-Ray technicians remember on those eventful days known as Barium Days.

To a Barium Swallow

O barium swallow flitting down

A-twittering on thy way,

Will what thou singest bring smile or frown

Bird of the Roentgen ray?

Opaquely eloquent art thou

Behind my beating heart,

A birds eye view thou givest now

Thou bird thou never wert.

Smooth unobstructed by thy flight

O'er peristaltic wave

Dive low and shed a wholesome light

On how my guts behave.

Author Unknown

Brother
Sebastian



Candid Pictures



Making memories out of daddies

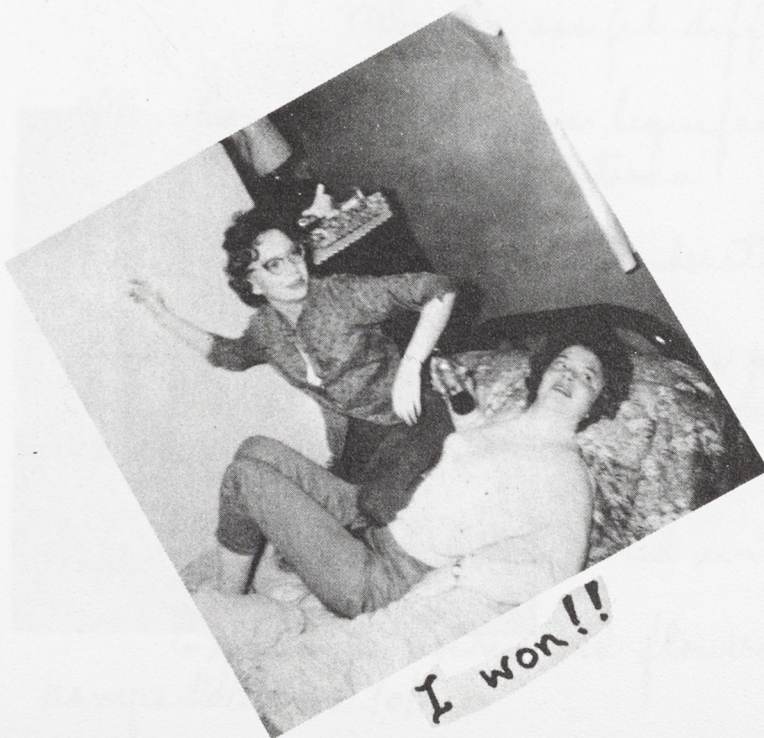


The Laboratory Christmas party.

Candid Pictures



Come here.



I won!!

Candid Pictures



Studying!!



Lectures make me so tired.



Before

After



I like to play dress up.



Ho! Ho! Ho!

A typical page from a male student's notes!!

Bacteriology of Women

Morphology

Gram negative pleomorphic lovelies. Vary from long thin forms to short plump types. Metachromatic staining noted when out in evening air. Under adverse circumstances appear red. Alcohol fast (and hot!) Motile at all temperatures. The higher the better: Capsules consisting of frilly nylon undies usually present except when immersed in bath.

Cultural Characteristics

Very from rough harbor type to smooth Beverly Hills strain.

Odor: Dependant on own or husband's ability to synthesize Chanel No. 5 or similar brands.

Consistency: Soft and smooth. Adds color to life's medium. Money a useful differential agent.

N.B. Causes spontaneous liquifaction of males in uncompromising situations.

Biochemistry: Not fully understood.

Serology: Powerful chemotaxis present which tends to cause agglutination with cells of male species. This phenomenon has been called marriage.

Resistances: Well marked until application of alcohol.

Expensive clothes and flowers usually quiet any rampant strain.

NORTH UNIT

North Unit is the hospital for Sick Staff

Now don't you laugh.

You get very good care

If you play the game fair.

That's North Unit!

North Unit!

North Unit!

Yes I remember well

It rings a bell

Of the time I was there

I found it hard to bear

North Unit!

North Unit!

What a place!

To make the nurses race.

Giving me needle – which I didn't like

But they did it inspite

North Unit!

North Unit!

They made my bed

Then of course I had to be fed

Did the charts

And pushed the carts

North Unit!

North Unit!

A good place to rest

If you follow the doctors' request

It doesn't take long

Till you sing the song

I'm going home from North Unit!

North Unit!

North Unit!

Going home at last

My the time went fast

But I'll never forget the past

Of North Unit!

North Unit!

* * * * *

A curse is so sweet and kind

Never cross or harried,

I wonder if they stay that way

After they are married?

* * * * *

To meet – to know – to love – to part

Is the sad fate of a nurse's heart.

* * * * *

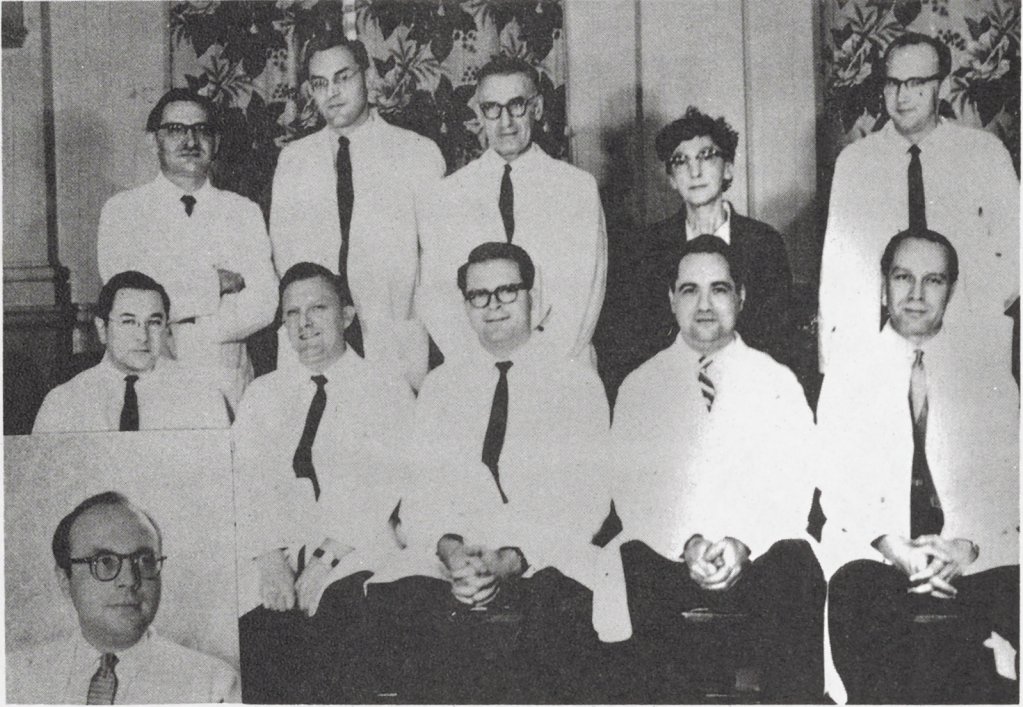


Around **B.M.H.**

Through the...

Departments

Medical Staff



Dr. Mickolajewski.

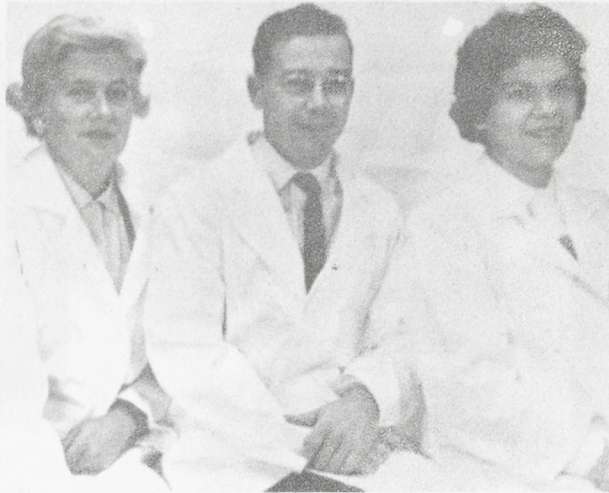
Back Row, L-R, Dr. Slowick - Clinical Director, Dr. Rohm, Dr. Bristow, Medical Superintendent, Dr. Cziller, Dr. Penner.

Front Row, L-R, Dr. Parker, O. P. D. , Dr. Moyes, Assistant Medical Superintendent, Dr. McIntosh, O. P. E. , Dr. Kovacs, Dr. Karabevoglu.



Back Row, L-R, N. Hildebrand, (Mrs.) A. Hegion, Dr. Parker, (Mrs.) R. McKay, D. Clegg.
Front Row, L-R, (Mrs.) S. Fitcher, L. Darguzas, G. Johnstone, (Mrs.) C. Newfield.

Social Workers



L-R, (Mrs.) Ruby McDonald, Don Bear, (Mrs.) Nancy Benson

What a soft job you have! Sitting in your office talking to people, riding around the countryside part of the time, how did you manage to get such a position?

This sort of question is asked of a social worker many times, partly in jest but often seriously. I usually answer that one needs lots of pull, a lot of hard work, study, sacrifice, ambition and the need to understand and help lesser privileged people. What does it take to be a good social worker? The first thing it takes is a trained mind, an educated mind, a lucid mind, an enquiring mind. There is no end to the concrete and abstract knowledge a social worker should possess, and it may be a matter of doubt whether any one mind can encompass all a social worker should know. The safe guard is the calibre or quality of his mind, it can reason, it can evaluate facts, it can find out and apply precise knowledge as it is needed, and it can thus arrive at conclusions, form trustworthy judgements, take appropriate actions based on them and in doing so use professional techniques, also to be learned, as instruments of healing.

This does not make the social worker an egghead or cerebralist. It makes him an alive, alert thinking, fully functioning person who uses his qualities too as instruments of healing, and who at the same time quietly rejoices in an exhilarating state of mind. Without the capability of a good mind, a good social worker cannot be fashioned.

For the record, what does a psychiatric social worker do? He performs duties in organization, such as hospital and clinic, concerned with assisting persons suffering from mental disorders or serious emotional maladjustments. Investigates case situations and gives the psychiatrist supplementary information on patients' environment, behaviour and personal history. Interprets recovery of patients. Assists patients and their families in developing mental and emotional adjustments to illness. Attempts to eliminate fear, prejudice and other attitudes are obstacles to acceptance of psychiatric care and continuation of treatments. Assists patients to regulate their lives so that treatments will be most effective. Arranges for hospitalization of some patients, if recommended by the proper authority. Assists patients in making adjustments to community life during treatment or on discharge from hospital.

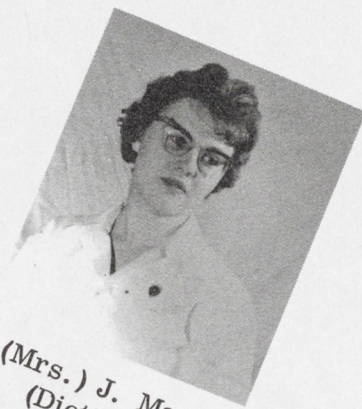
A soft job? Of course, all work is, if you like it.



(Mrs.) J. Ferrier
(x-ray)



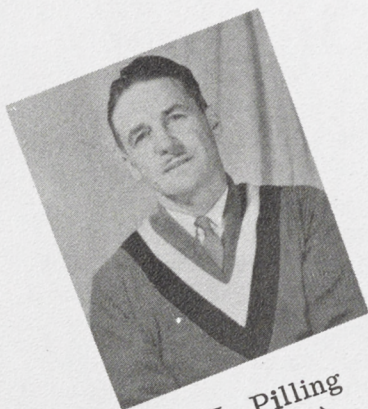
H. Leaming
(Laundry)



(Mrs.) J. Madill
(Dietician)



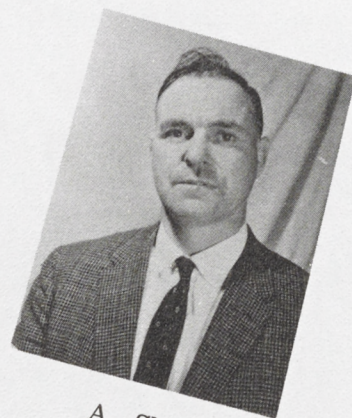
R. Armstrong (E. E. G.)



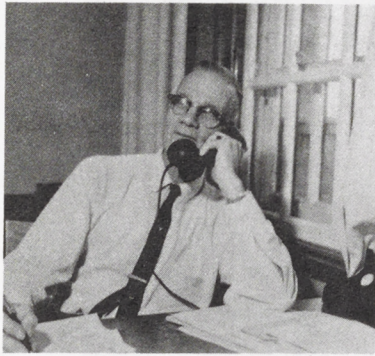
J. Pilling
(Farm)



(Mrs.) E. Carter
(Housemother)



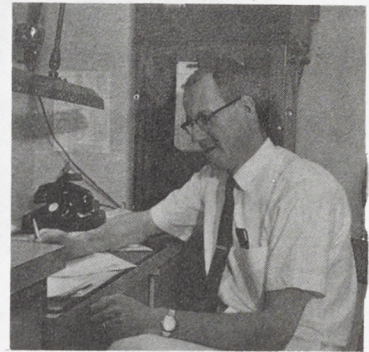
A. Skene
(Maintenance)



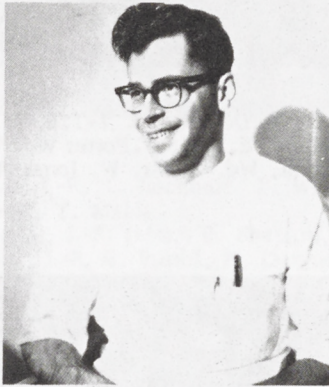
H. Shuttleworth
(Bursar)



(Mrs.) Rees
(Operator)



Dr. Hoare
(Bio-Chemistry)



R. D. Goodburn
(Pharmacist)



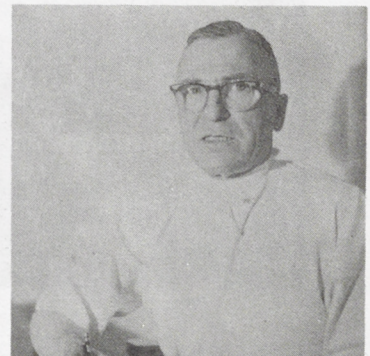
Linen Staff



O. R.



(Mrs.) J. Flay
(Steno)



Dr. H. Trotter
(Dentist)

SUPERVISORS . . .

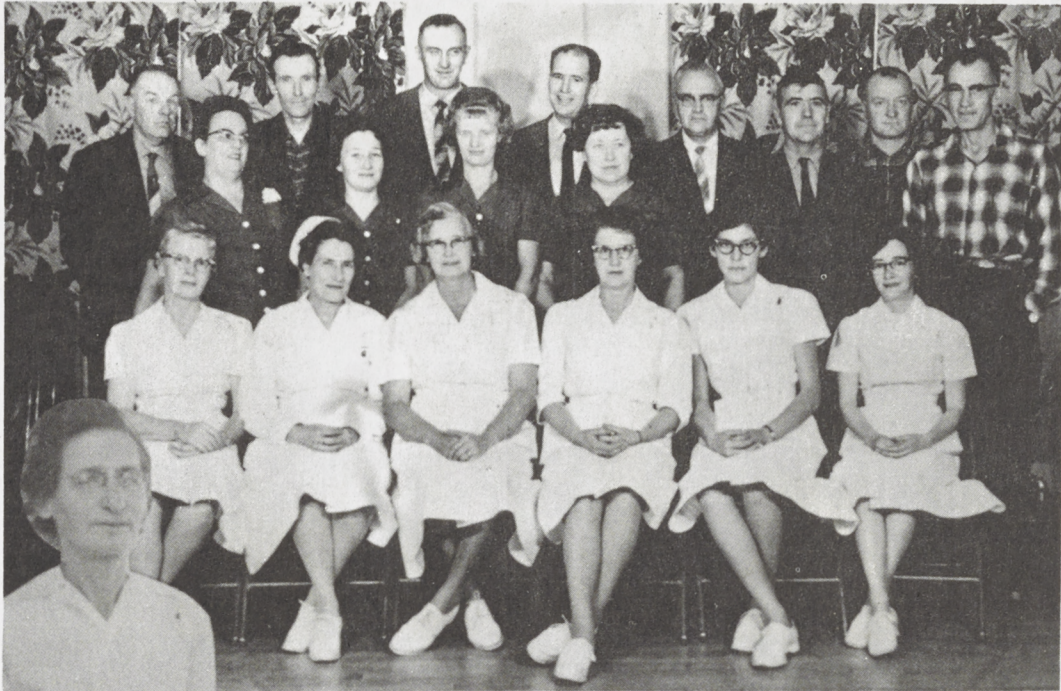


Back Row, L-R, (Mrs.) H. Lisowski W.A. Pav., (Mrs.) D. McDonald Wd. 7-T.B.'s, (Mrs.) A. Armstrong W.B. Pav., E. Thiessen Wd. 1, (Mrs.) J. Gibson, E.P.I., V. Porter Wd. 7.
Front Row, L-R, (Mrs.) C. Armstrong, Wd. 3, S. McCulla, Wd. 5, Mr. W. Jones, East Insulin Therapy, (Mrs.) H. Dickson, F.H.



Back Row, L-R, T. Foley, D. Gibson, Jr., A. McDonald, G. Wrobluiski, A. Deis, S. Hoy.
Front Row, L-R, N. Stephans, R. Toillon, L. Black, D. Gibson, Sr., W. Frazer, H. Smith.
Inset - E. Bunch

OCCUPATIONAL THERAPY STAFF . . .



Back Row, L-R, T. Lockhart, T. Watkins, S. Carlson, G. Buytendorp, J. Seymour, L. Burns, M. Silvius, T. Miles.
 Middle Row, L-R, (Mrs.) E. Shepard, T. Albert, S. Adamski, (Mrs.) S. Mudray.
 Front Row, L-R, E. Russel, K. Dennis, (Mrs.) A. Riack, (Mrs.) J. Seymour, (Mrs.) C. Lindberg, (Mrs.) C. Nunns.
 Missing from picture - (Mrs.) M. Latkin, (Mrs.) D. Armstrong., F. Bekkering,
 Inset - Miss Shidloff.

"The best place to look for a helping hand is at the end of your arm."



"IT IS GOOD TO THINK WELL . . .
 IT IS DIVINE TO ACT WELL."

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CONGRATULATIONS
TO THE
GRADUATING CLASS
FROM

A & W
ROOT BEER

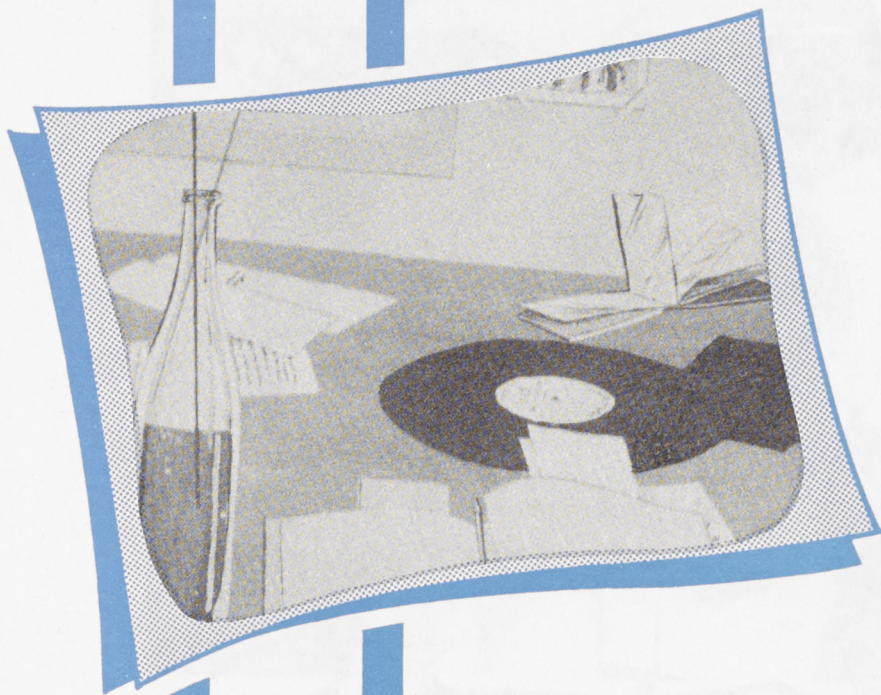


25th St. & Victoria Ave.
BRANDON, MANITOBA

CONGRATULATIONS TO THE CLASS OF 1963 . . .

When to some distant place you go,
Your new address, please let us know.
We would like so very much
To have you as members and to keep in touch.

BEST WISHES FROM THE
ALUMNAE ASSOCIATION
OF THE
B.M.H. School of Nursing



ACTIVITIES

Social Committee . . .



Back Row L-R: Murray Kennedy, Don Asham, Maurice Agnew (Social Convenor)
Front Row L-R: Sandra Hewitt, Marilyn LaRocque, Suzanne Bunn, Jean Graham

We the social committee of the Student Association, wish to extend our thanks and appreciation for the active participation and interest taken to make our social functions very successful.

From initiation through the Hallowe'en, Christmas, Valentine's and affiliate-welcoming activities, our program of social events have proved most enjoyable because of the roles played by all. The patients of our hospital also enjoyed an event of our agenda -- carolling in the Yuletide season.

The hospital leagues for bowling, curling, and baseball are organized for the enjoyment of the hospital staff. All leagues are actively participated in by student and senior staff.

The student nurse's life must have a social aspect as well as an academic one to be a fulfilling life, for we can only get out of life what we put into it.

NURSES' CHRISTIAN FELLOWSHIP



Left to Right - Front Row: Dennis Driedger (president), Myrna Hicks, Sandra Hewitt, Allen Robinson. Back Row: Sarah Siteman, Margaret Adair.

October, 1962 saw another milestone in the development of our Student Association. It was the introduction of the Nurses' Christian Fellowship, NCF for short.

For some time a number of the students had felt the need for an organization with a Christian emphasis, yet separated from any churches, in which young people of any persuasion might feel free to join to discuss the spiritual values of life, to give service to their fellowmen, and to enjoy recreation together. The NCF fills this bill very well.

NCF is a branch of Intervarsity Christian Fellowship, an organization begun at the University of Cambridge in the latter part of the nineteenth century. It has broadened to include high school students and nurses in training, and has spread to many countries of the world.

It was started in Canada in the year 1928 by a British University student who was given a one-way passage to Canada for the purpose of introducing the movement in our Universities. The money for the passage was raised among the students by selling all possessions which were not absolutely essential to their studies. That was 35 years ago. Today there are Intervarsity, High School and Nurses' Christian Fellowship groups all over Canada. May the greatest aim of NCF—to lead the students to love the Lord and put Him first in his life—be our aim also.

Initiation . . .

Hallowe'en came a little early to Brandon? No not Hallowe'en. September 6th was annual Initiation of the '65 LPND, MPD and X-Ray students.



Most of the students went through the rigors of initiation and needless to say it proved to be a lot of fun. A sample of the girls costume consisted of a closed nightgown, vegetable necklace and belt, no makeup, hair washed and left dried and not combed. On feet was a pair of knee socks together with thongs.

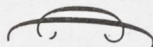
The boys were no better off in their attire. However few of these failed to show up. At 4 p. m., the cruel seniors from class of '63 and '64 decided not to let the boys get away with it as they had in previous years. Mrs. Stanley had the last class and at dismissal time the seniors rushed into the classroom and each grabbed a boy probie. We made efforts to make them do a bit of dusting in the front room but were none too successful. They did agree to move furni-

ture, roll up the carpet and during the rolling of the carpet Miss McLachlan managed to almost get "rolled". This followed with a mass help from the other seniors. Some of the '65 MPD's were good fighters trying to get away from it all but the '63 and '64 LPND were just as well matched. We managed to get Murray Kennedy to Mrs. Bristows. The S. C. president doused the hose on Murray when he came out of the house but he was more slippery when he was wet.



The '65 LPND's were ready in costume about 5 and went through their first ordeals. They all took part in washing cars, sweeping and polishing floors and of course bowing to their seniors. At 5:30 a commode chair was brought from F. H. and this was used as taxi service for grads coming for supper. At the door sat another probie on a commode banging on a pot. For supper they were allowed to choose one kitchen utensil and had to eat with it or from it. Following supper they were taken downtown to the homes of Mrs. J. Ferrier, Mr. Russell, Mrs. Stanley. They paraded down Rosser from the RCMP office to the Voque. While going to another bus a bystander asked "Where are you from?" "Where do you think?" was a quick reply. At Residence at 9 p. m.

followed the rigors of Kangaroo Court; however they didn't even try, they just handed out the punishment. We were blind folded and then walked on racks, crawled on ladders, stepped on raw eggs and rinsed our feet off in a pail of ice cubes. Then following was a handshake with the "Friendly Ghost" (A rubber glove filled with water).



"Like a chocolate bar; half sweetness and half nuts"



Then they were asked to recite their poem and at a convenient moment a lemon was hastily thrust into their mouth. The blindfold was soon taken off and everyone overlooked their punishments. Miss Bunn did her stripping act under the blanket and when everything was off, commentator M. Mudray pulled the blanket off to find her in a bathing suit. A lunch of hot dogs, hot chocolate, and coffee was served. A bit of twisting was demonstrated in style by Miss Rivers.

Shortly before supper the students paid visits to doctors homes asking various embarrassing questions and also asking for certain articles. Dr. Mik. sent his over in a match box and it was described by Miss Hewitt at the dance.

* * * * *

MENTAL NURSE

Now I lay me down at last
Another hard days work is past
To think I started work at dawn
And put the patients dresses on.

A score of shoes I had to lace
And wash a Catatonics face
Tie up an ear that had been bit
And watch an Epileptics fit.

I gave out drugs and made the beds,
Formented knees and bandaged heads
I put a Manic in restraint
And heard a Paranoid's complaints.

The more I nurse
The more they curse
But that's the thanks
Of a "Mental Nurse".

* * * * *

There's a little bit of good in the worst of us,
And a little bit of bad in the best of us.
And it behooves any of us
To say anything about the rest of us.

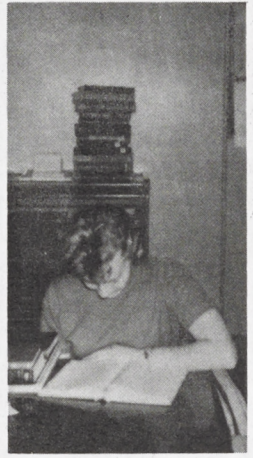
Here, There and



Sneaky, eh!



No cameras in class
please.



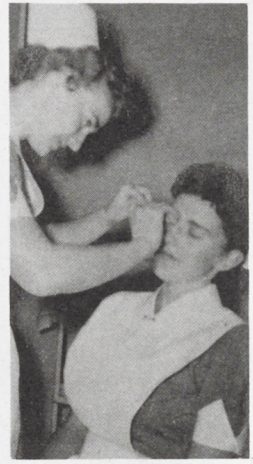
Study, Study !!!



I come from Mars!



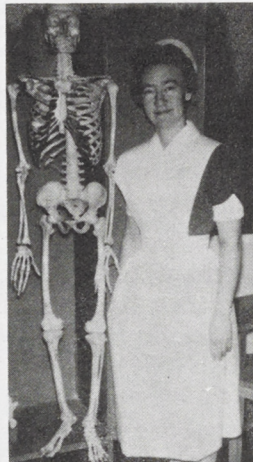
What happened?



Easy does it.



Blinded by Beauty.



I've got something
you haven't.

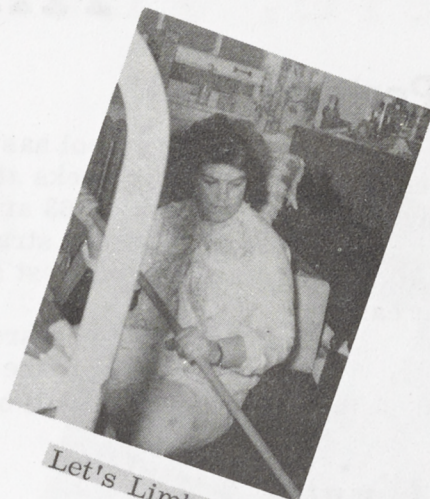


You FOOL!!!

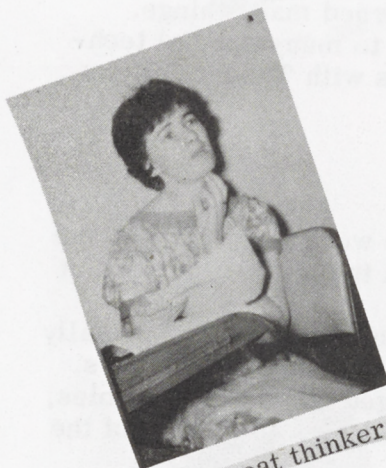
Every Where!



Drinking - coca cola??



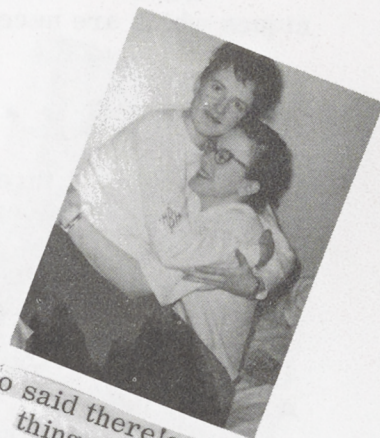
Let's Limbo!



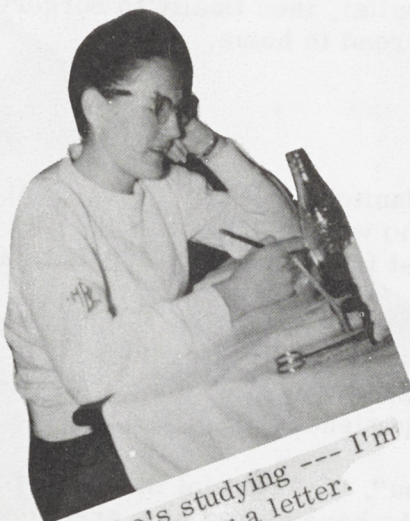
The great thinker.



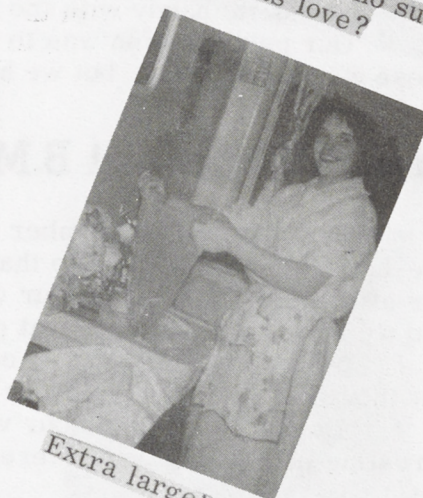
This gown is worn by?--



Who said there's no such thing as love?



Who's studying --- I'm writing a letter.



Extra large?

- Affiliation -

At Portage . . .

Our training school has taken another step forward to broaden our experience by providing six weeks affiliation at the Manitoba School for Mentally Defectives. We, the Class of '63 are proud to be the first for this affiliation.

Everything seemed strange at first and no doubt we were a bit anxious, but with the kindness and interest shown us by the various staff members, we were soon at ease.

Class lectures and ward duties were most interesting.

We are thankful for the opportunity to affiliate at the Manitoba School and know that the experience will be a great help to us in the future.

At Ninette . . .

Another milestone in our training course -- Ninette Sanatorium-- where we received training and experience in Tuberculosis Nursing.

We soon became accustomed to the smothering masks and long gowns; we learned how to make sputum boxes and handle them safely; we learned how to make beds so they didn't come apart too easily; we learned many things.

Before we left Ninette we had learned and adapted to many special techniques which are necessary in the nursing care of patients with Tuberculosis.

At Winnipeg . . .

We spent three weeks on the Medical Ward where work was plentiful and interesting. Many of the duties were similar to those on the Infirmary Ward at B. M. H.

Next we went to the Maternity Ward which we found enjoyable, especially working with the happy mothers and soothing the nerves of the excited fathers.

For the next three weeks in the Nursery we changed diapers, fed babies, changed diapers, fed babies, and listened almost continuously, to the sea of the newborns roar.

Then to the Labour and Delivery floors which we found most interesting. We became quite handy with the razors!

Our next rotation was to Children's Hospital; then finally to Surgery. These we also enjoyed, but we happy to hit the road to home.

Portage Affiliates at B.M.H. . . .

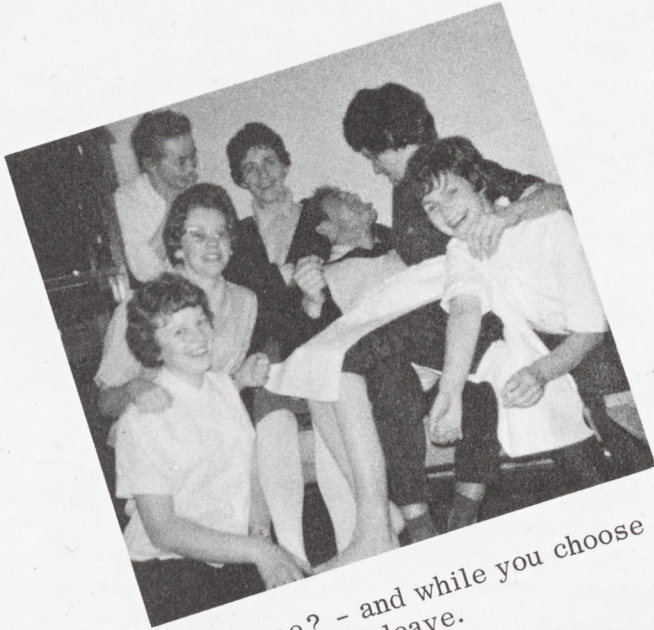
The Class of September '63 from the Manitoba School of Nursing at Portage La Prairie would like to thank everyone who was connected in any way with our affiliation at B. M. H. Our class is the first from Portage to affiliate here and we feel that this is a great privilege.

We must admit that on our arrival here we shared feelings of apprehension; but this disappeared as soon as we adjusted to our new surroundings.

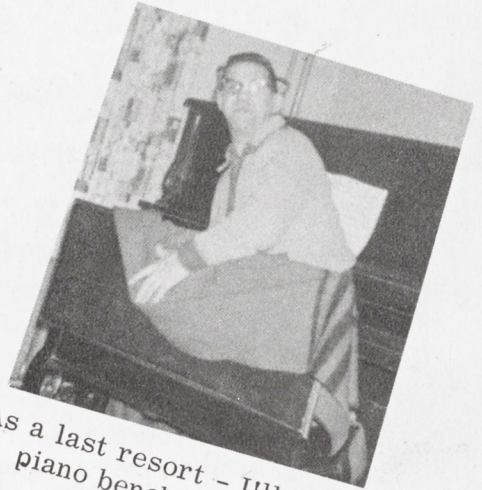
During the twenty-four weeks we have spent here, we have met many interesting people and encountered many new experiences which we will never forget.

Again, we would like to say "Thank-you", with special thanks to Dr. Bristow, Dr. Moyes, and Mrs. de la Ronde who have helped us a great deal during our stay here.

Affiliation -



Which one? - and while you choose
I'll leave.



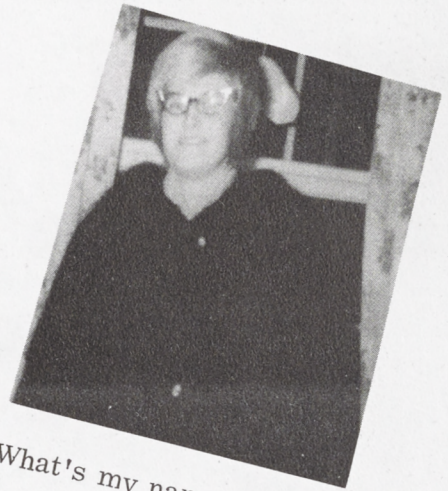
As a last resort - I'll try the
piano bench for warmth!



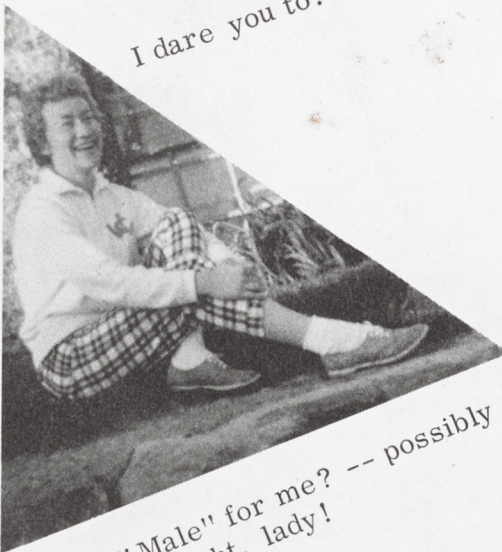
I dare you to!



Would you like a good
cigarette, Mr. B?



What's my name? - F. F. C. ?



Any "Male" for me? -- possibly
tonight, lady!



Concentration or Occupation?
I believe it's the latter.

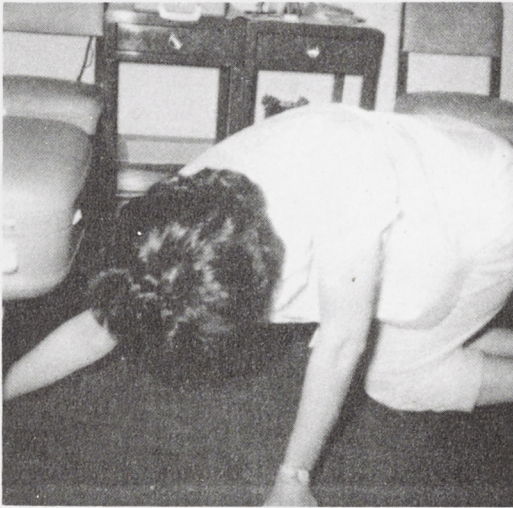
Affiliation -



You thief - where's my broom?
It's witches night tonight!



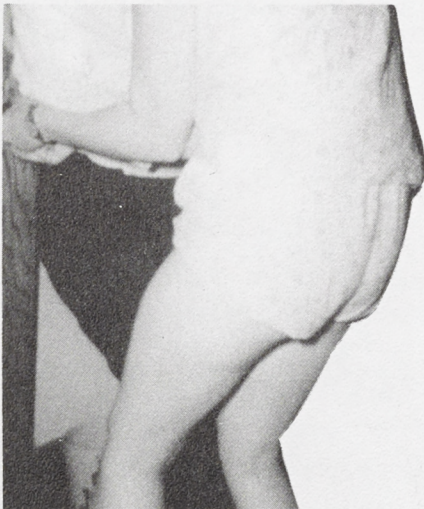
Surprise visit!



How's the air down there, Suzanne?



Emotional Support!!



Photophobia??



It's a cold night



Fresh as a daisy...

LAST WILL AND TESTAMENTS

I, Jean Bielby, do hereby bequeath my rainy evening walks to somebody who has a car.

I, Maurice Agnew, do bequeath all full bottles to those who follow after and my left hook to anyone who desires to challenge the Shilo boys.

I, Ida Darlene Corscadden, do hereby bequeath my ox-like grace and the chip on my shoulder to the ground floor.

I, William Bass, do bequeath my ability to sleep through all classes and still pass.

I, Dorothy Dooley, bequeath to anyone, the right to go downstairs in any desired way (except head first—the position is reserved) and sustain no injuries other than bruises.

I, Gordon **Bollman**, do bequeath my infectious smile to Mervyn Pedlow—though he doesn't really need it.

I, Ronald Bride, do hereby bequeath my bowling ability to Bill Bass who is in dire need of improvement.

I, Suzanne Bunn, to bequeath to Miss Toews the ability to change the color of her hair p. r. n. and my "graceful" dancing to those who use their tongues instead of their feet.

I, Ken Briggs, bequeath my ability to force fluids adequately, to all male nurses, henceforth and forever more.

I, Mary Toews, do hereby bequeath Dr. Mik's dog to anyone who cares to give it psychotherapy and my old maid's membership card to Bunn.

I, Bill Fidler, do bequeath my red pyjamas to anybody who wishes sweet dreams.

I, Jay McPhail, do bequeath my "late date" to those who have the patience to wait.

I, **Hugh** Chambers, do bequeath my well groomed long-standing mustache to William Heron in the event that he loses his own.

I, Lyona Weibe, bequeath my ability to out-talk anybody, to the introverts.

I, Bruce Nehring, do bequeath my ability not to be "swayed by the crowd" to anyone lacking will power.

I, Richard Schappert, do bequeath my alarm clock to anyone who wishes to sleep in in the morning.

I, Sandra Hanson, do hereby bequeath my ability of keeping out of the way of questioning eyes—to all.

I, Richard Harris, being of sound mind do bequeath to some unfortunate student my car which fails to stop at stop signs.

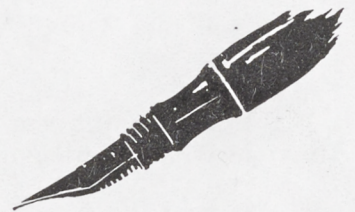
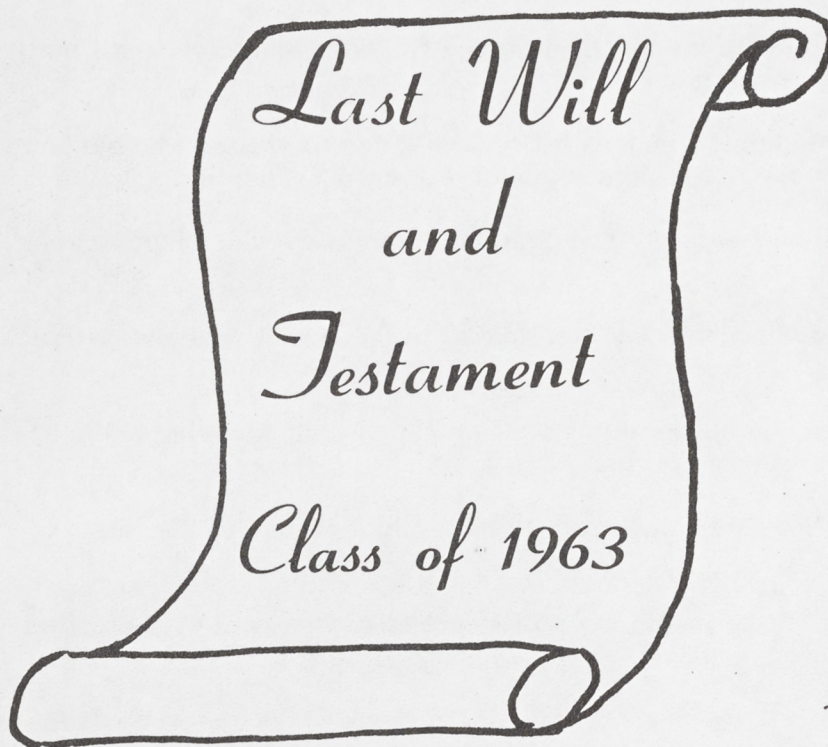
I, Johnny Nazar, do bequeath my well groomed pate to Ian Pryznyk.

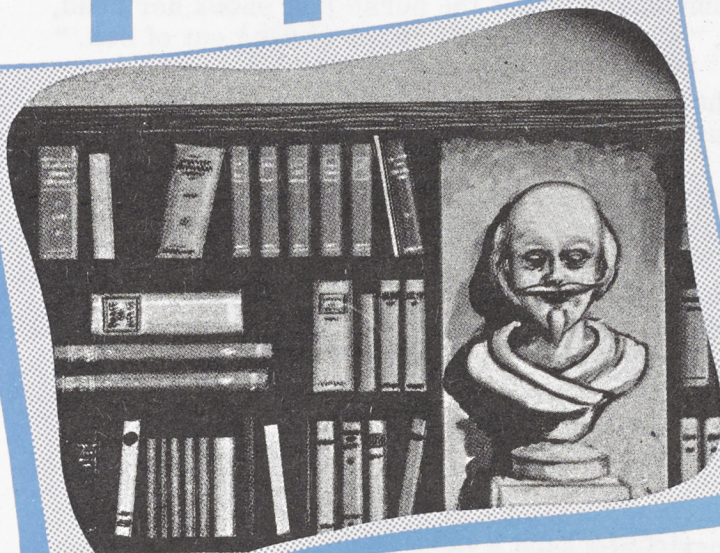
I, Gary Edwards, do hereby bequeath my sunglasses to anyone who becomes blinded by love.

I, Donald LeBoutillier, do hereby bequeath to following students, the ability to muddle and befuddle all instructors and fellow students to the point of no return.

I, Douglas Gordon, do hereby bequeath, my scholarly ability to any needy student who believes this course will benefit him or her in any way.

I, Peter McElroy, do hereby bequeath my baseball uniform to anyone needing an extra pair of pyjamas.





LITERARY

ODE TO A BED-PAN

While recovering from an illness, I was very much annoyed,
For the toilet was denied me and a bed-pan was employed.

I much preferred a thunder-mug, but the nurse just shook her head,
"You're far too weak," she sternly said, "to be getting out of bed."

My experience with the bed-pan to this day makes me quail,
And I have been prevailed upon to write this harrowing tale.

In the wee small hours of morning, before the break of day,
Came a yearning I could not ignore, nor very long delay.

The nurse brought me the bed-pan, slipped it under my backside,
While the chills ran up and down my spine, as the cold thing touched
my hide.

I tipped back on my shoulder, soon my lips grew stiff and numb,
The odds were all in favor, that I'd die before "it" would come.

In this upside down position the leverage wasn't there,
But with a mighty effort, I released a little air.

And when at last I got results I grew with dread,
I wondered if I hit the pan or piled it up in bed.

While my heart was weakly fluttering, I felt with cautious care,
With a sigh of satisfaction I discovered nothing was there.

But my trouble wasn't over as I very soon would find,
For how could I manouver to wipe the place behind.

All my muscles bulged with tension, as I stood upon my head,
And I finally made a few wild passes then fell weakly on my head.

With patience I continued regardless of my pains,
For modesty prevented me leaving any stains.

I had no more than finished this rare Herculean feat,
When I became aware, of something sticky on my sheet!

Cold sweat was beaded on my brow and as I slowly raised my gown,
And there upon that lonely sheet was a hideous spot of brown.

The laws of gravitation once more proved as sure as fate,
That you cannot stand upon your head when you evacuate.

It was then I voted a fervent prayer as a soul in anguish can,
For something to improve upon this medieval plan.

Sick people often give up hope and here's the reason why,
The bed-pan is a rock on which they're tortured with until they die.

There's a fortune for a genius who'll invent some kind of diaper,
Or a back adjusted thunder mug with an automatic wiper.

TO A NURSE

Down the corridors of pain
Where faint hope and death have lain
A hush falls over all,
Like the stir of sleeping birds
Come those sort and lingering words
Then footsteps in the hall.

I lie there waiting not asleep
A lonely fear creeps at my feet,
I hear a stifled moan.
A child cries out a muffled moan.
As one in agonizing dream
I lay as cold as stone.

Long moments pass, my mind lies still
Fettered by a cowardly will
Afraid and wanting light
Then sweetly as an angel's wing
A nurse to say "Good-night."

* * * * *

GOD MADE THE NURSE

He made her heart brave, true and kind
And like the mountain stream her mind
As crystal pure, yet swift and deep
As where the waters rush and sleep.

Her hands He made firm, tender, skilled
Their touch with his own pity filled.
And gave to make His nurse complete.
A sense of humor, wholesome, sweet
God made the nurse.

Thank God.

* * * * *

GET A NURSE

If your tummies out of order
Your digestion on the blink
"Get a nurse."

If you've had the dire misfortune
To drop the latch key down the sink
"Get a nurse."

If you've lost the baby's mittens
If the mice have gnawed the citrons
"Get a nurse."

You can usually obtain her
And there's nothing seems to pain her
And for every trade they train her
"Get a nurse."

* * * * *

Some people grow with responsibility--others merely swell.

THE AD GAME

We are the advertising crew,
Collecting ads that are brand new.
We hurry and scurry to and fro,
And never know rest from head to toe.

The Editor said five hundred would do.
But now she's upped it a hundred or two!
And those store keepers! If they only knew
Some of the things we must go through,
To sell "one more ad" to fill our book,
I'm sure they'd give us a second look.
Maybe then they'd buy an ad,
A small one even wouldn't be so bad.

It all helps out along the way,
So at the end of a weary day
We give grateful thanks for those who've bought
And idly think, "They're not a bad lot."

THE NURSE'S TEN COMMANDMENTS

1. Remember the hair net, and keep from being holey.
2. Thou shalt have no outside interests before thee.
(When on duty.)
3. Thou shalt enter the residence at a respectable hour, in a respectable manner via the front door.
4. Thou shalt not retire with the narcotics key for it has been considered a serious crime.
5. Thou shalt not covet thy patient's food that is in the ice-box nor anything that is thy patients.
6. Thou shalt not linger on the doorstep at eleven o'clock.
7. Thou shalt not make unto thee any engagements or any likeness there of lest thy hours be changed and thou meet the disapproval of the T. S. O.
8. Thou shalt not bear excuses to the T. S. O.
9. Remember the Sabbath Day—for six days thou shalt scrub white tile and on the seventh day thou shalt clean radiators.
10. Honor these rules and regulations or thy training shall not be long before thee.

* * * * *

People indulging in self meditation,
In order to save doctor's fees
In due time discover to their consternation
Their hobby has become a disease.

* * * * *

If you're too busy to laugh; you're too busy.

* * * * *

THE NURSE

The world grows better year by year
Because some nurse in her little spere
Puts on her apron, grins and sings
Keeps on doing the same old things.

Taking the temps. and giving pills.
To remedy mankind's numerous ills.
Feeding the baby and answering the bells.
Being polite with a heart that rebels.

Longing for home and all the while
Wearing the old professional smile
Blessing the new born baby's first breath.
Closing the eyes that are still in death.

Taking the blame for the doctor's mistakes
Oh dear what a lot of patience it takes
Going off duty at seven o'clock
Tired and discouraged just ready to drop.

Called back on special at 7:15
With woe in her heart which must not be seen
Morning, evening, noon and night
Just doing it over hoping its right.

When we lay down our caps and cross the bar.
Oh! Lord will you just give us one little star?
To wear in our crown with our uniforms new
In that great world above where the head nurse is you.

* * * * *



"She had a flat!"

FIRST IMPRESSION OF B. M. H.

After arriving at the B. M. H. Nurses Residence we were shown to our rooms, where once settled we proceeded to tour the rest of our new home. Most of us being just out of High School, were rather unaccustomed to living under the same roof with over a hundred other girls. For most of you who have become accustomed to living in residence, the cafeteria—style meals, the laundry room used by numerous girls and other everyday happenings of group living seem quite natural, as they are now becoming to us.

For the first few days, there were forms to fill out, the location of different buildings to learn, and new friends to meet. It's strange how buildings appear entirely different now than when we first toured the hospital. Happily, after about six weeks we can manage to find our way through many buildings and remember most of the names of the people to whom we have been introduced.

After becoming accustomed to our surroundings, it seems somewhat difficult to recall just how we felt the first few days. We can only say we were confused, excited, and to be absolutely frank, "scared stiff". Thanks to everyone's kindness and understanding, we have found Brandon and the B. M. H. a very friendly place to live and work.

A NURSE

Some people think that nurses,
Fall in love everyday.
When they go to feel a sick man's pulse
Or take his tray away.

They think that tender passions
Seductive as perfume,
Surrounds the occupation
In the dusting of his room.

There's nothing much alluring,
That a stricken male,
Who has a growth of stubble
Upon a cheek so pale.

Nor does fair romance begin
Amidst the tousled hair,
Of a man without a collar
Who is cranky as a bear.

So cheer up wives and sweethearts,
Because it is not true,
That the artful vamp in white,
Would wish to steal from you.

To tell the truth, before a week,
The poor nurse is a wreck,
The love she has for your bear man,
Is the love to wring his neck.

LIFE IN NURSE'S RESIDENCE

Early each morning the alarms sound out, especially those placed under empty garbage cans for the sound sleepers. It's dreadful to crawl out when the sun hasn't even thought of shining. Should we go back to sleep? Is it really worth it??? — such a few minutes — yet they'll just write on our reports "unreliable". Oh well, we must go to work, it's so much nicer to go off duty with everyone else.

Then to stumble down to the bathroom, where the curtain rod faithfully falls on your head, and you really meant to dodge it this morning. Oh well, you may as well get your first blow early in the day. When are you going to bring our bathrooms up to date? Icicles or lobsters can be seen coming out of the showers, providing of course, any water at all can be begged out of those clogged up sprayers. And who needs lights in a bathroom at 6:00 a.m. or 11:00 p.m.? We all know it's necessary to be economical with government supplies.

How many people have bathed with toads, do you still lay in the tub with your eyes closed, oh sleepy one?

Black seems to be the favorite hair coloring at present; but who is it that thinks shoe polish is a suitable substitute?

If you ever notice our hostess tearing at her hair and running in circles you better believe she has a reason, as who can make more noise than a gang of mischievous girls? Those balconies on third floor certainly come in handy and whose for a trip up on top tonight — the view is beautiful. Can anyone walk the guard rail outside room fifty-two?

When the housemother makes her rounds and wants to know how all those holes got in your blanket — will she believe the squirrels chewed it; meanwhile you know very well it is supposed to stay on your bed.

Bless all those happy handed camera girls who make their grand entrance at the most embarrassing times. Who wouldn't at some time or other have all cameras confiscated?

Think of the fights over phone calls. I was in, why didn't you check?

Girls wander around in the rarest styles. But none dare walk around barefoot or put their hands on the banister between 8:00 a.m. and 5:00p.m. If they do this they may happen to rob the floor or banister of a few staphylococci. Radios must be kept low and voices lower. Sh! Ssh! Certain doors must be passed on tip toe or one is sure to be delayed.

Anyone for hide and seek? Pretty crowded under some of those beds, with shoes, boxes and a piece or two of luggage; who asked the night hostess to join in? Isn't that her with the flashlight — best I hustle to my own room.

Whose dainty footsteps are those padding up and down the hall keeping people awake in a certain corridor below? Then there are the chronic complainers who seem to find fault with all we studnets do. They think our greatest problem is breathing but we sure enjoy doing it.

REMOTIVATION THERAPY

As time goes by, we shall do much for our patients through this valuable aid - Remotivation Therapy. Since the program was instituted here in October, 1961, just a year and a half ago, approximately 200 members of our staff have been trained in the therapy. With its addition to the curriculum, all new students will receive this very valuable training, and we hope this knowledge will be used to its full capacity so that the patients we serve will be helped.

What is Remotivation? The technique was originated by Mrs. Dorothy Hoskins Smith, a volunteer worker in the U. S. A. in 1957.

Remotivation is a technique of a very simple Group Therapy, of an objective nature, used by a nurse or aide, with his own patients on his own ward in an effort to reach the "unwounded" areas of the patients' personality and get them moving in the direction of reality.

You may ask, what are the advantages of this program? We find many. For instance, a better patient-staff relationship is definitely established. Each member of this program, be it patient or staff, has derived a better understanding, one to another. We are members of a team, and team-work creates and assures harmony with our fellow-men.

Judging from the patient reaction, they realize that here is someone who is paying attention to them - recognizing each as an individual.

Co-operation, too, is evident from group members who formerly did not communicate too readily with one another.

We feel that, as a therapy, it is an integral part of our efforts to help our patients. It adds stimulus and interest to our Hospital Community. This matter we are continually planning and gradually developing.



"If you ask me, I think someone in Administration has this 'ward team' concept wrong."

LAMENT OF A PSYCHIATRIC NURSE

I never get mad; I get hostile;
I never feel sad; I'm depressed.
If I sew or I knit and enjoy it a bit,
I'm not handy -- I'm merely obsessed.

I never regret -- I feel guilty,
And if I should vacuum the hall,
Wash the woodwork and such, and not mind
it too much,
Am I tidy? Compulsive, is all.

If I can't choose a hat, I have conflicts,
And ambivalent feelings toward net.
I never get worried or nervous or hurried;
Anxiety -- that's what I get.

If I'm happy, I must be euphoric;
If I go to the Stork Club or Ritz
And have a good time making puns and
rhyme,
I'm manic or maybe a Schiz.

If I think that someone was nasty,
I'm paranoid, obviously.
And if I take a drink without stopping to think,
It's Alcoholics Anonymous for me.

If I tell you you're right, I'm submissive,
Repressing aggressiveness, too.
And when I disagree, I'm defensive, you see,
And projecting my symptoms on you.

I'm not lonely -- I'm simply dependent.
My dog has no fleas, just a tic.
So if I seem a cad, never mind -- just be glad
That I'm not a stinker -- I'm sick.

-- Anonymous.

A NURSE'S DILEMMA

Doctor please learn how to write:

I know that high is your profession
And you should be allowed concession;
And yet, somehow I still refuse
To find a really good excuse
Why men with intellect and brains
Can't even learn to write their names.
Why must I fuss and fume and fret
And fairly break out in a sweat,
And call the staff into a huddle
To try and figure out this muddle?
There are letters that I cannot see
And I must almost psychic be.
But really Doctor, it's a fright,
When I can't tell your left from right.
I'll soon develop a psychosis
For fear I'll err in diagnosis.
Now doctor don't you think it's rude
To make your letters all so crude?
And writing stuff that is so bad?
It sometimes makes me frightening mad
I know your hours seem so few;
To me my time is precious too.
Why should I go home and weep
And have such nightmares in my sleep.
I know that high is your profession
And you should be allowed concession
I know that pain and germs you fight -
But, Doctor, PLEASE LEARN HOW
TO WRITE!!

---- Anonymous.

* * * * *

We all depend upon each other - nobody can do
anything single handed, but make a fool of him-
self.

Child-Guidance and Out-Patient Services

There have been Out Patient Services to the community from the Brandon Mental Hospital since 1921. In 1939 there was a special Out Patient Department established to continue a further service to the community and which stated their aims as follows:-

1. To maintain uninterruptedly weekly clinics in the City of Brandon.
2. To encourage repeated visits from children with problems; to base our results not on the number of cases seen but on the end results as established by follow-up reports.
3. To continue annual intelligence tests of all school beginners.
4. To establish a functioning special class for retarded children in the schools.
5. To make and maintain definite contact with teachers by addresses, personnel conversation and circular letters.
6. To work in close co-operation with all social agencies and departments.
7. To institute mental hygiene as integral part of community life.
8. To expand our services to the community in such fields and at such opportunities as may from time to time arise.

This set of guiding principles gives a very natural impetus to the work of a psychiatric center involved in community care and has no doubt acted as a stimulation to this department which has been very active since its conception so long ago.

The Hospital for Mental Diseases in Brandon is the focus of psychiatric care to an area of possibly three or four hundred thousand people spread over a very extensive area, and Out Patient service have been freely given in ever increasing quantity and in an increasing extent over the years.

The general practitioner has been and possibly always will be in the forefront of the fight to maintain good mental health in a community and he is the greatest user of our services. In addition, however, Western Manitoba has been well organized in the field of public health care and has set up health centers in Brandon, Virden, Neepawa, Dauphin, Swan River, The Pas, and Flin Flon and more recently Birtle for the purpose of giving good health care to the residents of this part of the Province. These are staffed by a medical director and a number of nurses each having an area of her own over which she presides and gives community health care. It has perhaps always been known that any community suffers from a variety of psychiatric conditions and the Public Health Nurse in addition has come to recognise and categorize these problems. Referrals have come from all of these Clinics and has led us to embark on a program in which we took a psychiatric team to each of these Units at fairly regular intervals so that we might provide a treatment service in each area. Travelling Clinics were conceived of first in 1931, were a more regular feature in the early 1940's but were involved primarily with providing diagnostic services. This latter aspect has been a feature of our Clinic in the last 2 years as will be noted below. A Psychiatric team began working closely with the Public Health Unit in Brandon in 1931.

It is interesting to note with what foresight and imagination administration heads acted in the post-war years because the educational act conceived of special education facilities for slow learners and it was designed in the Act that children were to be assessed by an official of the Department of Health with a view to placement in special education classes. Brandon was fortunate in having the services of Mr. Neil Hildebrand, a clinical psychologist associated with the Out Patient Clinic because mainly as a result of his work, but bearing in mind the impetus that has come from imaginative people in the community the most vigorous of whom was perhaps Miss E. Ring, a recently retired Public Health Nurse, there has at present count been established 24 or 25 special education classes in Western Manitoba. These have proved themselves so right and practical that they will increase in numbers each year to meet the needs of the growing children population. Associated with this has been the recognition of the need of community care and training classes for the retarded, non-educable children of our Western Manitoba area and there has been set up retarded children's schools. There are seven of these at present in existence which could not have come into being without the assistance of our Department. It is interesting to note that the problem of the retarded children's schools were formed before the special education classes and Boissevain and Killarney were the two places who lead the public in this field.

For years the Out Patient Department functioned with part time medical personnel, never more than one or two at the most and one psychologist. Six years ago the staff was expanded to include a Speech Therapist and Social Worker and two years ago by chance we were very fortunate to obtain the services of a second psychologist which gave us in essence two teams of a doctor and psychologist each. The travelling clinics, therefore, that had been undertaken in the past on a demand basis and far too infrequently, were stepped up and we were able to undertake psychiatric care in a way that allowed us to do some degree of continuous treatment. This concept of treatment clinics could only be conceived of and undertaken through the health units and they have proved practical and helpful because of the enthusiasm of the medical directors and the nurses of the public health units and also because of the enthusiastic support and collaboration of the general practitioners who have all become mental health workers under our guidance. We have, however, been extended almost beyond our means in undertaking regular traveling clinic sessions to all of the health units outside of Brandon. It is very exciting to contemplate what we might do with an increased staff here.

Our interests and activities take us into many other fields of community care. For two years we have had a psychiatric team of psychiatrist, psychologist and social worker collaborating directly with Brandon Health Unit in working directly with the Primary School System. This collaboration has resulted in the successful program of school mental health which has included seven special education classes in the Brandon School district. We have provided consultation service on a regular basis of two or three visits a week to the Assiniboine Hospital. We have also had a regular treatment for disturbed children coming into care with the Children's Aid Society or Welfare Department and placed in the children's shelter at Brandon. It has been recognized that such children at the present date are more seriously psychologically disturbed than they have been in previous years and the Maples has changed its character from being a transient care home to a fairly long term treatment home and with very limited resources we have been able to bring about very definite benefits to these children. This has pointed the need, however, for various types of treatment centers for psychiatrically ill children.

The new welfare regulations have called on our services for assessing persons in terms of mental disabilities which classify them as disabled or infirm or unemployable and welfare assistance could only be fairly allocated in many cases as a consequence of the careful assessment that our Department could give. We have evolved a close liason with the Society of Crippled Children and Adults in which we share in the care of the serious problems undertaken by this society in the care of disabled, crippled people.

For six years we have had the services of a speech therapist in this department and the case load that she treats and advises on is very large indeed and there is no doubt that a great deal of future psychological distress is alleviated through the providing of this service. It should be pointed out that never at any time have we had more than one speech therapist and the case load indicates that we need a minimum of 3.

We are called on for talks to many groups. Teachers, Parent-Teacher Associations, Teachers in Training, School Boards, Association for Mental Health Groups, young people's groups, nurses in training and Post Graduate nursing groups, Association for Retarded Children, organizations, etc., and we do this eagerly as there is need to stimulate the growing demand for enlightenment and understanding which is so much a part of our present day searching.

It should be emphasized that the large majority of people seeking help from us have emotional and nervous problems not incapacitating them to the degree that hospital treatment seems necessary and in effect in only about one case in twenty or twenty-five do we recommend an initial period of hospital treatment and the more active we might be and even when admission was recommended the shorter the hospital stay is likely to be. This is perhaps thinking of the future.

R. H. Parker, M.D.,
Director of Out-Patient Department

A Brief Look at Our Past and Present



During the last century, care for the mentally ill have undergone notable changes.

Until 1845, the Asylums for the Insane, in America, were little better than jails, inmates were housed in long narrow cells, chained to the walls and were inadequately fed and clothed.

Before 1870, there were no provisions for the care of the mentally ill in Manitoba. It was in 1871 that the first Manitoba Penitentiary was established in lower Fort Garry. Here the noisiest and most dangerous of the insane were housed with convicts and treated the same. This arrangement continued until 1877 when the convicts and the insane were moved to Stoney Mountain Penitentiary.

In 1891, a wooden building was constructed on the site where our hospital now stands and was to be used as a Reformatory for delinquent boys, however, it only housed one boy during it's one year of operation. Following this brief period it was converted into an Asylum, where the care of the mentally ill was custodial and patients were treated as prisoners. Physical abuse and restraint was the treatment of the day. This building was completely destroyed by fire in 1910. Fortunately the disaster was not further marred by any loss of life. It was through the good organization of the evacuation that enabled the patients to be moved to the Winter Fair Building in downtown Brandon, where they were housed, without any mishap.

One year later the present Main Building was completed and patients returned to be cared for by a hand full of staff. At this time there was only one telephone, and a bell boy was employed to carry messages. The staff at this time slept in four bed dormitories on the wards, and did so until 1920 when the Nurses' Residence was constructed.

The Colony Building was opened in 1921 and housed approximately 200 male patients. This eased the over crowded wards of the Main Building. It was not, however, until 1932 that the Women's Pavilion was built to alleviate the crowded female side. At that time it housed 160 female patients, combining those suffering with tuberculosis and other infectious diseases.

In 1925 the present Psychiatric Institute, known as the Unit, was constructed and considered then to be a fully modern reception unit, which did help a great deal with the esthetical surroundings to break down public resistance and fear of Mental Hospital care.



It was during this period that the standards of psychiatric nursing were beginning to be elevated, and a more humane attitude was apparent.

A Mental Hygiene Clinic, the fore runner of our present Out Patient Clinic and Child Guidance Center, was opened in 1922, but, due to lack of financial support, failed. It wasn't until the early 1930's that this centre was revived and established as it's present day function. This Clinic now is an integral part of Manitoba's Community Mental Health, operating travelling clinics in various parts of Northern and Western Manitoba.



During the past 10 years there have been many changes in the Hospital, including alteration in physical structure, education of staff, and changes in attitudes generally. This being due to the influx of new medical staff, most of whom had had experience in the mental health field in the various countries of Europe. It was with their foresight and the ambition of many members of the hospital staff that brought about radical changes of which we see the results and continuing progress of today. Some of these changes which are notable, have been the "Open Door", Occupational and Recreational Therapy, Remotivation of patients and staff, great changes in decor and furnishing of the hospital wards, broader educational facilities and a continuing rehabilitation programme whilst the patient is in hospital. Patients now manage their own Canteens, run a hospital newspaper, and are encouraged to accept more responsibility in the management of their own wards. The depletion of our chronic population with the help of community Foster homes is our newest step toward bettering the lot of our patients.



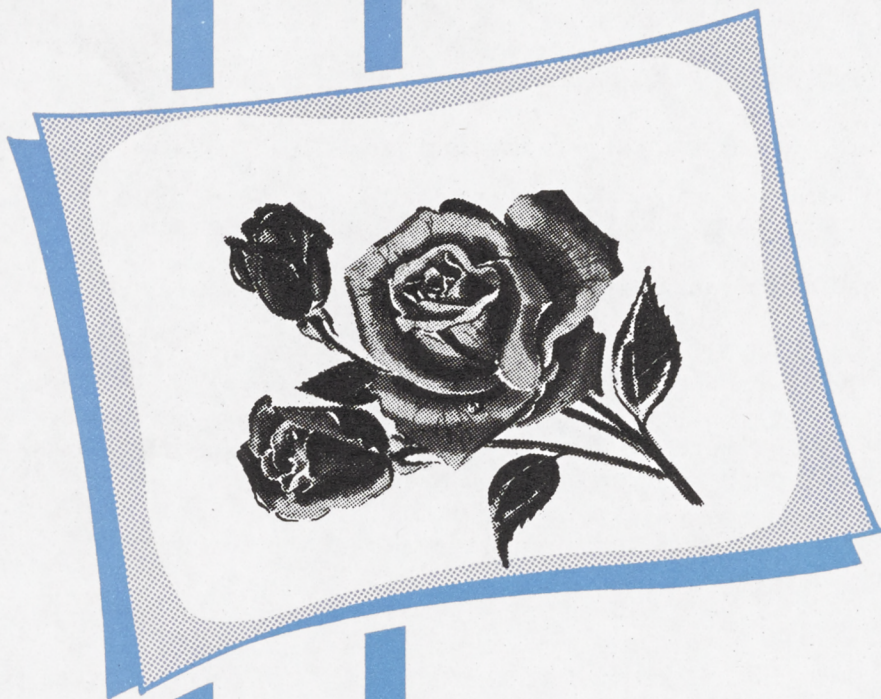
This has been an extremely brief history of our present Mental Hospital. There are many things missing from this history, but the foremost changes are brought to your notice. There is no doubt that with the present facilities existing, we, the staff of the hospital, are not going to be satisfied until our ultimate goal of "Total Acceptance" of both mental illness and our hospital, are taken completely into the hearts of the people in our communities.

* * * * *

The real tragedy of ulcers is that you can have them and still not be a success.

Remember-?

- the day we were asked if we were the new Practicals?
- the day a fellow student was asked if she had any Gray Matter?
- the day a fellow student was put in a straight jacket?
- the day at Winnipeg I was asked if I knew how to take temperatures?
- the night we had honey smeared on our doors and lipstick on our faces?
- the telephone call that cost \$8.70?
- how embarrassed you were the day you asked a visitor if she had had a B. M. ---why can't they introduce us to the patients?
- the evening Mr. Broadhead tried to crawl into the piano bench to keep warm?
- being toileted at 3:00 a.m.?
- the evening spent way on top at the residence?
- the day in Nursing Arts class when Mr. Agnew turned to Miss Bielby and said, "Miss Bielby, I hear you have the makings of a dirty old woman!"
- the one who was always right in class?
- the day we tried our hand at shaving and removed someone's mustache?
- the delightful summer evenings spent walking in the orchard---will I ever learn to drive this car?
- in nutrition when the '63 class could not even boil water without burning it?
- the night somebody rang the fire alarm in Residence?
- the time Bunn got lost at Brandon bus depot?
- the night in Portage when Bunn spent the evening bathing with a frog?
- the day someone had her hair dyed black with black liquid shoe polish?
- the night Corky, when the alarm went off at 3:00 a.m. and you thought it was the fire alarm---got ready to leave and the door was scotch taped?



GRADUATION

Honor List

Blanche Eugenie Barager Medal
JOHN DOUGLAS GORDON

* * *



Gold Medal (Combined Course)
(Tie)

MARY TOEWS — LEONA WIEBE

Gold Medal (Psych. Nursing Course)
(Tie)

JOHN DOUGLAS GORDON — RICHARD HARRIS

* * *

Silver Medal (Second Year)

FRANK BERGEN — MARLENE BRICHON

Canadian Nurse Award
MERVYN PEDLOW

* * *

Reesor Prize
SARAH SITEMAN

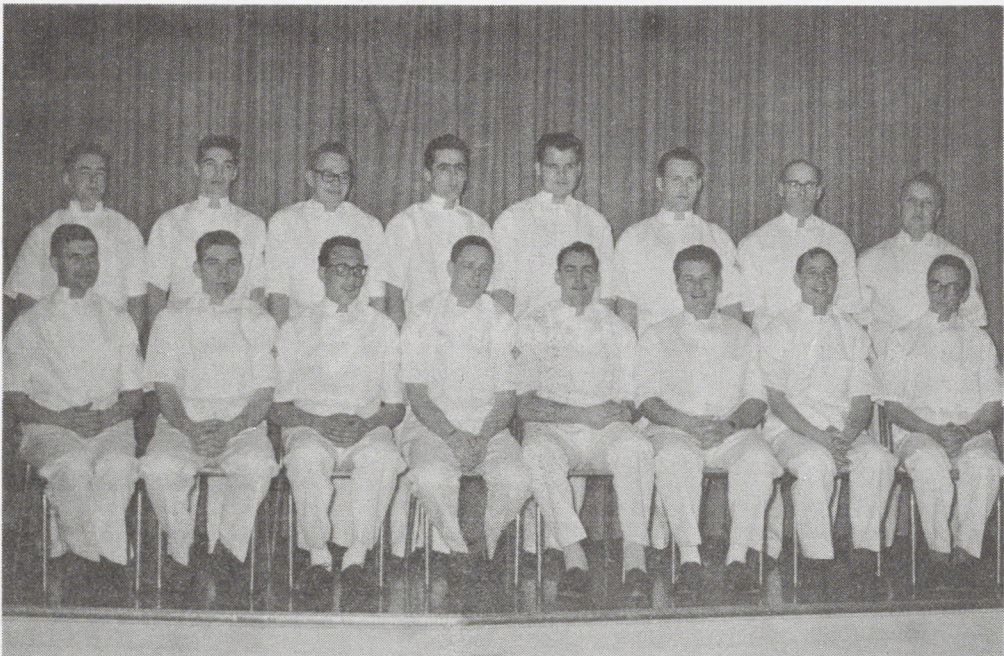
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Lions' Club Award
MURRAY KENNEDY

* * *



Graduates





Cuties!!

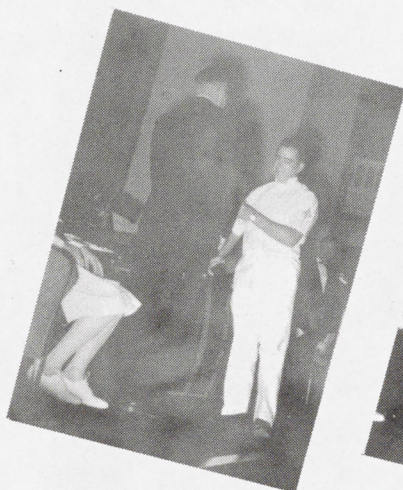


Graduation Activities



Guest Speaker.

Diplomas



Tea Time

A Look Around . .



Communication?

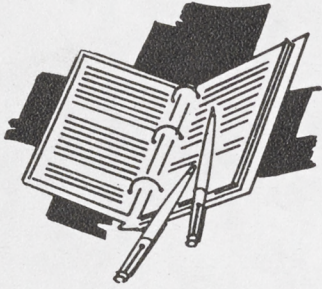


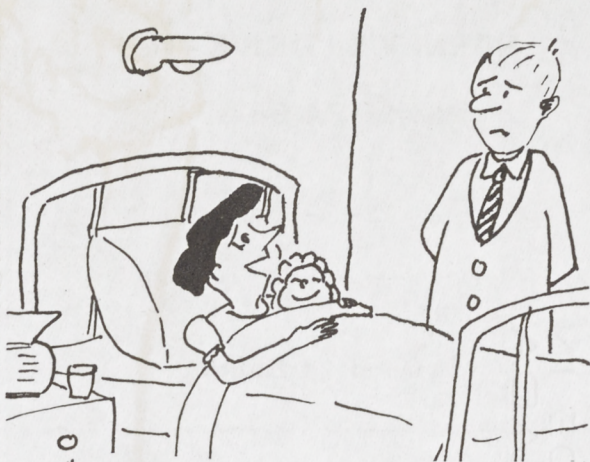
. . After Hours

Caught off Guard



Autographs





"I Told you it wasn't Psychosomatic!"

Bored Husband: "Let's go out this evening and have some fun."
Bored Wife: "Okay, and please leave the front door open if you get home before I do."

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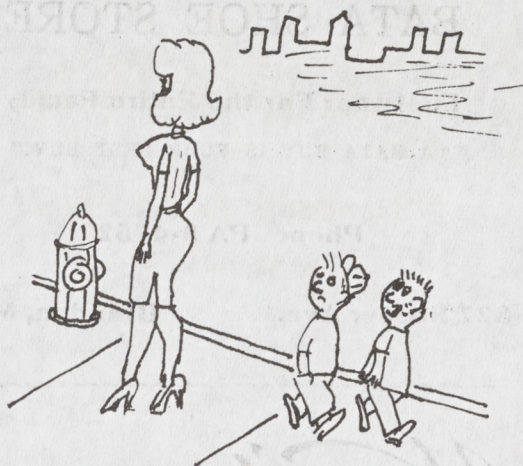
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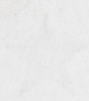
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